Page 22: Women's Hockey Enters Semifinals at Middlebury

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THE SPECTATOR

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Class of 2007 Volunteer Fund Nears 75 Percent Participation

PHOTO BY GRANT ZUBRITSKY '07

Many students donated money at the senior gift table in Beinecke this week.

by Meredith Kennedy '09
News Writer

As a national leader in education, Hamilton College is a tight-knit community that serves a diverse group of highly motivated students.

Hamilton's reputation is thriving because of its state-of-the-art facilities and wide range of extracurricular programs.

However, in order to build these facilities and offer opportunities, the college needs our support.

The Senior Gift Campaign, which is associated with the Excelsior Campaign, gives the graduating class an opportunity to give back to the institution where they spent the last four years of their lives growing and learning.

While some seniors choose not to participate in the senior gift and donate to the Annual Fund instead, the Senior Gift Committee does a thorough job of encouraging students to contribute to a fund that will make a difference in the quality of student life in the future.

It gives graduates who are grateful for the experience that they had on the Hill the chance to make sure that students continue to have the same advantages that they had.

This year, the class of 2007 voted to establish the Class of 2007 Volunteer Fund on

*see **Senior Gift**, page 3*

Ryan Messier '08 Elected Student Assembly VP

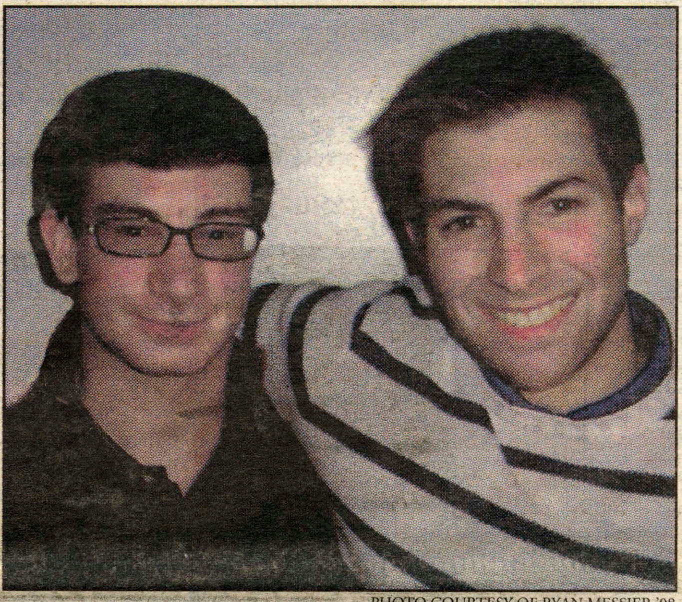


PHOTO COURTESY OF RYAN MESSIER '08

President Stuart Lombardi '09 and newly elected Vice President Ryan Messier '08.

by Emily Poe '10
News Editor

This past Tuesday, Ryan Messier '08 was officially elected to the position of Student Assembly Vice President.

"When I first heard the results of the election, it took a moment for me to process," said Messier.

Messier then called President Stuart Lombardi '09 to tell him how much he looked forward to working with him.

"My Administration remains dedicated to excellence; I know Ryan shares that dedication. I am proud to welcome Ryan Messier as my new vice president," said Lombardi, upon hearing of Messier's win.

Messier decided to run for Vice President because he felt a strong desire to serve his fellow students.

"Now I feel more confident than ever that I will truly have the opportunity and drive to leave a positive mark on Hamilton College," said Messier.

Students and Faculty were notified of Messier's win via e-mail early Tuesday morning.

The election took place Monday and students were given the opportunity to vote for a full 24 hours.

Elections chair Kara Novak '08 thought that the election went well overall and that the voter turnout was impressive.

"I wasn't sure how many people would vote since we've never had a Vice Presidential election, but I anticipated between 200 and 300 voters," said Novak.

Surprisingly though, there were 604 voters for the first election and 537 for the run-off.

Novak also noted that since "there were four candidates and another person running as a write-in, [they] anticipated a run-off election."

Now that the elections are over, Messier is ready to start working to serve his fellow students by working closely with his fellow Student Assembly members.

"I hope to be a source of strength and support for President Lombardi throughout my time in office. I also look forward to interacting with the other members of President Lombardi's cabinet and all the members of the Student Assembly," said Messier.

Messier also remains committed to his own goals. Particularly, he is interested in the assessment of the registrar's balancing protocol, the use of campus cash in the Little Pub and the expansion of the Howard Diner menu.

"I will do everything in my power to serve the Hamilton community to the best of my abilities," Messier said.

Recycling 101:

PHOTO BY KATIE CASSEL '10

How can you help save the environment? *Find out on page 4*

New Phi Beta Kappa Student Honorees Elected

by Alicia Wright '10
News Writer

After four years of completing a strong liberal arts education, members of the top ten percent of the graduating class have been honored with induction into Phi Beta Kappa (PBK).

This honorary society started in 1776 at the College of William and Mary and is the oldest academic honor society in the nation.

The Epsilon Chapter of New York, the fifth chartered Phi Beta Kappa society, is Hamilton College's organization, founded in 1870.

The purpose of Phi Beta Kappa is to honor those students who exhibit a love for learning.

However, the society not only honors students for their academic performance but also organizes lectures pertaining to library issues, a series endowed by late member Richard Couper.

PBK scholars are often invited through a national program to speak publicly on campuses and visit classes.

Stephen Orvis, Professor of Government, presides over Hamilton's Phi Beta Kappa Chapter. He explained that the criteria for eligibility in Phi Beta Kappa are largely academically based. Students must show a strong emphasis in the liberal arts and sciences.

A liberal arts education involves studies in the arts, math/computer science, sciences, social sciences, languages and humanities.

Students elected to Phi Beta Kappa should complete at least one course in no less than five of these liberal arts subjects; three of these subject areas should be at least at the 200-level.

Orvis also cites that moral character is taken into consideration, namely that the students have maintained a clean judicial record and have no violations of the Honor Code.

10 students are elected in the fall, 10 to 15 more are inducted in mid- second semester and a final group will be elected after final grades are reported.

On the day of graduation, the new Phi Beta Kappa members are honored and formally inducted with a breakfast for their families and the faculty members of Phi Beta Kappa.

The honorary students receive a letter and certificate and can purchase a Phi Beta Kappa pin, a well known symbol for the society.

Leanne Pasquini '07 said of her honor, "This was a very pleasant surprise that arrived in my mailbox on Monday. Over the past three years, I tried my best to take advantage of the many opportunities that Hamilton has to offer."

Lindsay Marks '07 had always hoped to earn membership in Phi Beta Kappa. She said, "It is very rewarding to receive this recognition of my hard work and academic achievement."

This year's group of students has majored in a broad range of subject areas: government, communications, English, religious studies, chemistry, Hispanic studies and geoarchaeology.

The group includes writing center and oral communication tutors, peer counselors at the Career Center, tour guides, a WHCL DJ, the Spanish Club President, a member of mock trial, a member of IM Water Polo, the Women's Varsity crew team captain, secretary for the Equestrian Team, a flautist, and much more.

Their futures point toward law and medical school, graduate studies, and work in Manhattan.

Congratulations to the following students elected to Phi Beta Kappa:

*Katherine Bell
Michael Blasie
Mary Beth Day
Cecilia Disney
*Daniel Griffith
Mark Hodges
*Caitlin Jacobs
Suleman Khoja
Kellen Leon-Atkins
Jessica Lewis
*Yubo Lu
Lindsay Marks
*James McConnel
Silas McKee
*Heather Michael
Laura Oman
Catherine Pallin
*Rebecca Parkhurst
Leanne Pasquini
*Patrick Ridall
Rachel Schwartzman
Drew Thomases
Yin Tian
Robin Wong
*Dongyue Zhang

*elected in fall

SA Update

A biweekly report on the Hamilton College Student Assembly

This week the SA is proud to announce:

-The Assembly passed a resolution calling for the College to increase the Health Center's budget to allow for weekend Health Center hours.
-The Student Interest Committee is running a bus trip to Turning Stone tonight (Friday). The bus leaves ELS at 6 p.m. The trip is free, seats are first-come, first-serve.
-Members strongly support simple, continental breakfasts in McEwen on the weekend.
-The College might change the academic calendar to shorten orientation and lengthen Thanksgiving break.
-Sarah Fuzesi won the Facility Committee's movie contest. Congratulations, Sarah!
-As always, the weekly minutes contain more detailed news.

The President's Report:

I look forward to working with Ryan Messier, the new Vice President of the Student Assembly. Together with the Assembly, Ryan and I will get the job done.

If you have any issues you would like the Assembly to address, requests for the Movie Channel, or other suggestions, e-mail sa, slombard, or rmessier.

Yours,
Stuart Lombardi
President of the Student Assembly

Playing This Month on The Movie Channel (54):

-Caddyshack
-Hoosiers
-GoldenEye
-Sarah Fuzesi's Romeo and Juliet
-Cinderella Man
-Babel
-The Departed
-Flags of Our Fathers
-The Perfect Valentine's Day

The News Never Sleeps *and let's face it- neither do we.*

So, come write for The Spectator and you and the news can be cranky and sleep deprived together!

email epoe@hamilton.edu

Hamilton Class of 2007 Volunteer Fund:
The Gift That Keeps On Giving

*from **Senior Gift**, page 1*

campus to support existing organizations like HAVOC and Alternative Spring Break.

The Senior Gift Committee toyed with the idea of establishing either a recreation room or a study lounge in the planned KJ renovations.

However, according to Senior Gift Committee Co-Chair Rob Rosenzweig, the decision to contribute to the volunteer groups on campus was overwhelmingly popular.

Rosenzweig is pleased with the gift because he believes that groups such as HAVOC "don't receive sufficient funding," and that this investment will help the group fund additional programs in the future.

Instead of donating another social space, this is "something that will last forever," said Rosenzweig. Every year, the College Chaplain will decide what volunteer groups on campus are in need of funds and will donate the class of 2007's gift to them. the funds will not take the place of current funding from Student Assembly but will be in addition to what the organizations already receive.

The fund-raising process for the Senior Gift began last fall. Rosenzweig, along with Co-Chair Eileen Starrett, met with the rest of the Senior Gift Committee and assigned each member a group of approximately 15 to 20 members of the senior class.

Their responsibility was to personally solicit them for donations to the gift. Additionally, the committee members went to campus events such as basketball games and senior nights to ask students to participate.

In honor of their graduating class year of 2007, students were encouraged to give at least $20.07. However, now that final deadlines are approaching, Rosenzweig says that the committee is accepting smaller donations and "just looking for participation."

As of Wednesday morning, the committee had raised approximately $9,044.42, including the Trustee money received. As of Thursday, it was about forty-one people away from Friday's seventy-five percent participation deadline.

When the gift reaches this deadline, the committee will receive an additional $2,500 from the Trustees. For every twenty-five percent deadline, the Trustees have pledged to donate more money to the gift.

This not only helps build up the campaign funds, but also gives the Senior Gift Committee incentive to reach full participation.

The final ninety-percent deadline is April 20, which could earn the campaign another $4,500-bonus from the Trustees.

This year's senior gift is about more than just leaving the class's mark on campus—it is an investment in the college's future because it is a gift that keeps on giving.

Contributing to the senior gift campaign allows students to experience philanthropy. Hamilton is fortunate to have one of the highest rates of giving in the nation because many students believe that giving back is important.

Thanks to the class of 2007, Hamilton can look forward to increased funds for some of the most popular and important programs on campus for years to come.

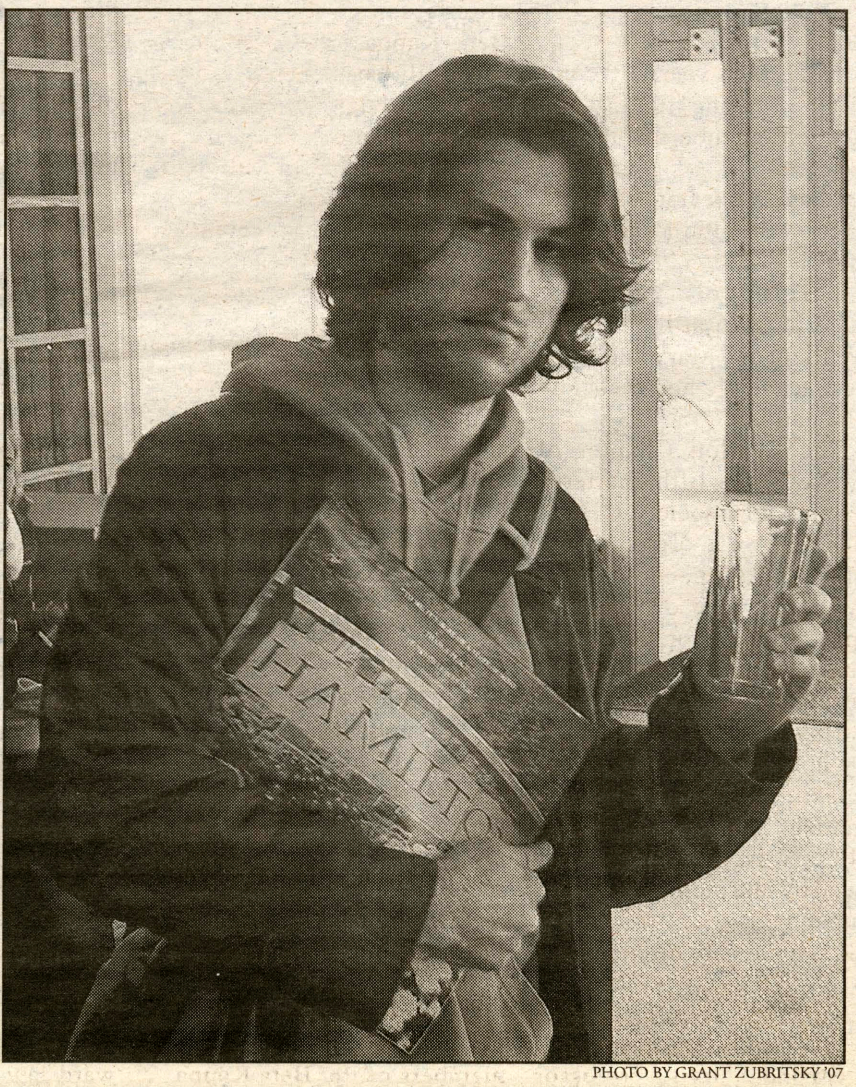
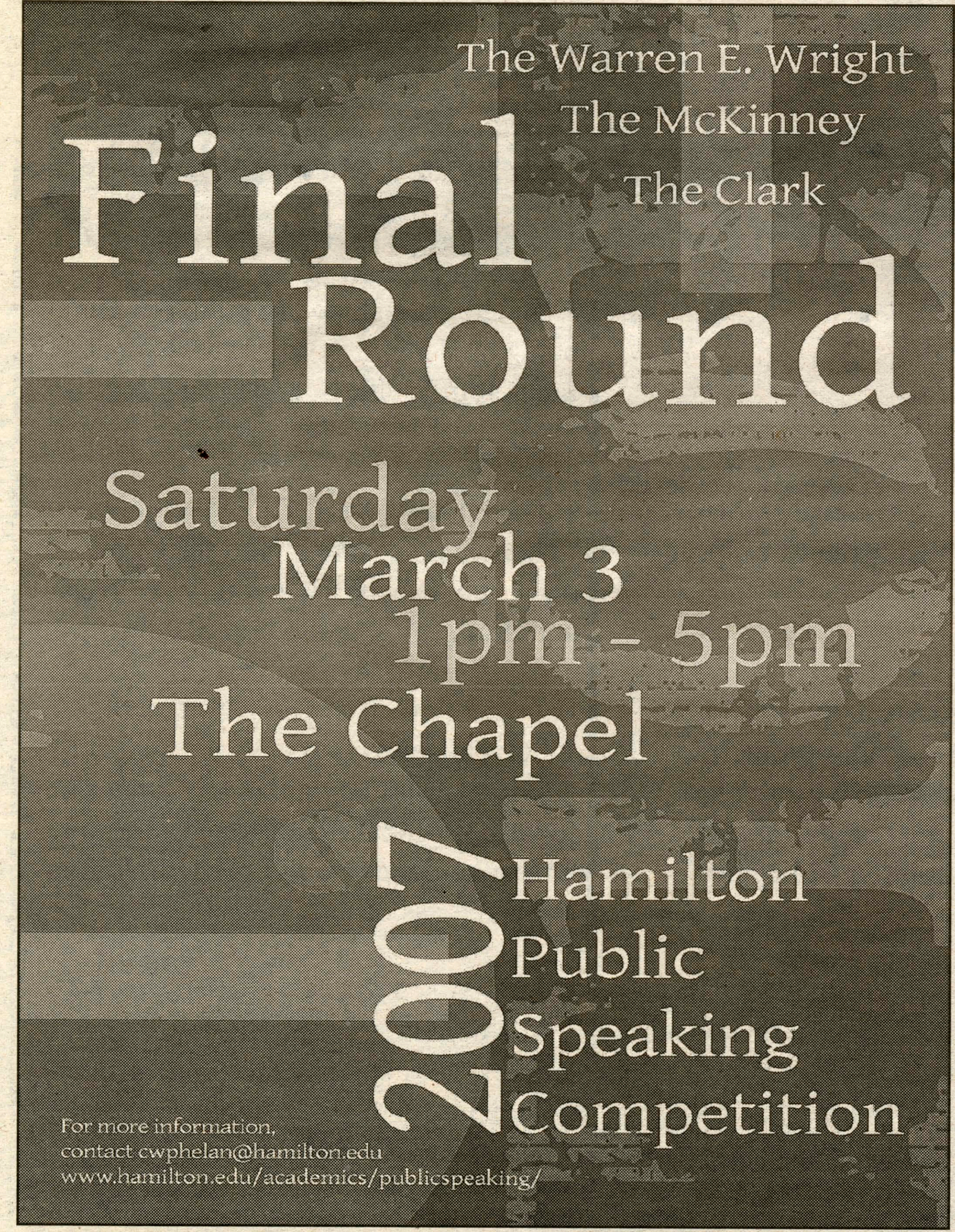


PHOTO BY GRANT ZUBRITSKY '07

Hamilton Class of 2007 pint glasses and calenders were given to those who donated to the Class of 2007 Volunteer Fund.



Professor Vivyan Adair Secures Grant For ACCESS Project

by Emily Poe '10
News Editor

Hamilton Associate Professor of Women's Studies Vivyan Adair recently secured a $5000 grant for the Hamilton based ACCESS Project.

The project, now directed by Phyllis Breeland of the Opportunities Program, works to help parent-students receive educational and employment opportunities.

Adair, ACCESS coordinator Sharon Gormley, and Professor of Economics Erol Balkin founded ACCESS in 2000.

The entire grant is worth $10,000, as Hamilton matched the Community Foundation's $5000.

"I secured this money by writing a grant proposal to them," said Adair.

"Thus far I have secured grants and contracts for The ACCESS Project for over 3.5 million dollars," she added.

The money from the recent grant will be used to serve the technology needs of ACCESS students.

WWW.HAMILTON.EDU

Adair is an associate professor of womens' studies at Hamilton.

From One Hill to Another: A Quick Update from Washington, D.C.

by Eric Kuhn '09
Editor-at-Large

Every week, The Spectator*'s Editor-at-Large Eric Kuhn sends us an update from the nation's capital, where he and other Hamilton students are studying and interning. Have any questions about the Washington, D.C. program or government issues? E-mail ekuhn@hamilton.edu for answers.*

Quick Update: West Point meets Hamilton College

This week, three people from West Point drove down to Washington, D.C. to meet with our class and talk about the book we are reading: *Armed Servants: Agency, Oversight, and Civil-Military Relations*. Well, these soldiers really made the topic come to life. They were Judge Advocate Corps Department of Law Professor Major John Dehn, Cadet Sarah Knutson of the Airborne Branch, U.S. Army and Cadet Scott McConnell of the Armored Division, U.S. Army.

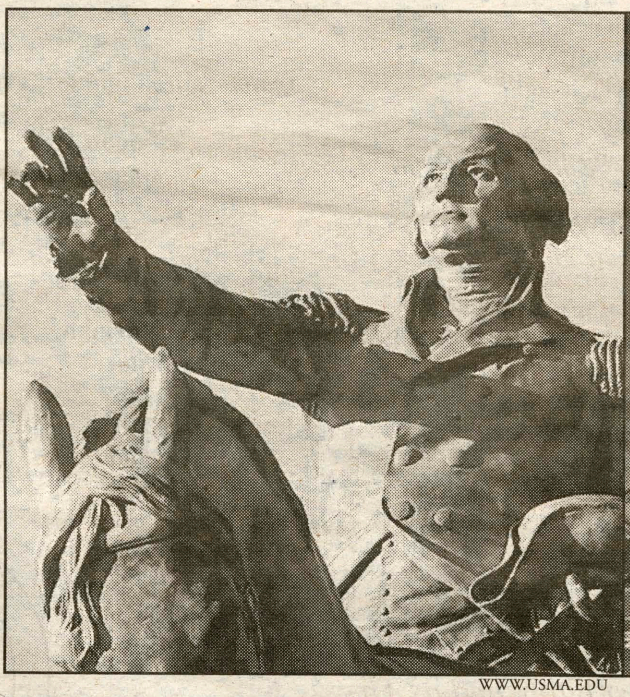
The three arrived on Tuesday night to Professor Frank Anechiarico's home-cooked dinner. Four students from Hamilton accompanied them at the welcome. The next morning at 9:00 (usually the Cadets have to wake up at 6:30 every morning) the Hamilton class met to talk about the book with those entrenched in the military.

Anechiarico said that the people from West Point "showed how well trained they were since we were discussing civil control over the military, they expressed their arguments and were willing to explore the gray areas."

Part of the conversation was based on the scope and role of the military when going into conflict. Major Dehn felt that "war is the ultimate form of diplomacy."

After class Julianne Jaquith gave both the Hamilton and West Point students a tour of the capital and everyone went out to an Afghan restaurant for dinner around the corner from the Hamilton apartments. At the end of the night the cadets came back to the apartments and hung out with the Hamilton students. It was a great peek into their world and school first-hand and also into a sometimes dense topic in the classroom.

"As people who are very likely to be in harms way very soon it was an extraordinary experience to get that perspective," Anechiarico said. "They were all extraordinarily good representatives of their institution and the Army."



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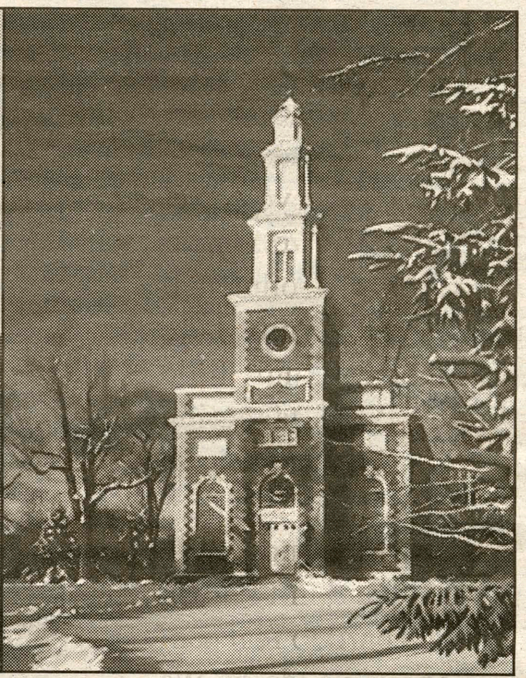

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West Point and Hamilton College came together last week as a professor and two students from the military academy came to discuss the military with Hamilton students studying in Washington, D.C.

That's a quick look into this week in D.C. Check back next week as we check in with Hamilton Professor Cheng Li, who is working for the Brookings Institution in D.C. Li, the William R. Kenan Professor of Government and chair of the Asian Studies Program, is currently a nonresident senior fellow at the institute.

Green Eggs and HAM INTERNal Recipes!

Being an intern means not getting paid. Living in Washington means no Commons Dinning Hall. So what does **Jin Liang** *'08 do? He makes annual trips to DC's Chinatown for fresh spices and food. Here is one of his recipes, which Liang calls a "Jintastic yummy recipe. Easy to make, and definitely beyond the 'common taste":* **Fusion Fried Rice**

Ingredients:

1 green onion,
2 large eggs,
1 teaspoon salt,
Pepper to taste,
4 tablespoons vegetable oil for stir-frying,
4 cups cold cooked rice,
1-2 tablespoons light soy sauce

Preparation:

Wash and finely chop the green onion. Lightly beat the eggs with the salt and pepper.

Heat a frying pan and add 2 tablespoons oil. When the oil is hot, add the eggs. Cook, stirring, until they are lightly scrambled but not too dry. Remove the eggs and clean out the pan.

Add 2 tablespoons oil and wait until the oil becomes hot. Add the rice. Stir-fry for a few minutes, using a wooden spoon to break it apart. Stir in the appropriate amount of soy sauce as desired.

When the rice is heated through, add the scrambled egg back into the pan. Mix up thoroughly. Stir in the green onion. Serve hot.

Thumbs up

- CAB brings back "The Regurgitator." It is refreshing that someone has harnessed the drinking skill of a freshman and made a living from it.

- The Spring Dance Concert is this weekend. You'll see Tyler and I there, we'll be the ones stomping the m#tha f@#!ing yard.

- Women's Basketball is going to NCAAs. Finally we can clear out the gym for some real sports like 4-square.

- You can no longer say the N-word in NYC. In somewhat unrelated news, the rap industry as a whole seems to be suffering from a sudden, mysterious bout of laryngitis.

Thumbs down

- The Health Center is closed on the weekend? But that is when I like to get all drunk and pregnant.

- Getting "the itch." Not the penis-vagina kind, but the skip-class-because-there-is-less-than-two-weeks-left-before-Spring-Break kind.

- Thinking that your smelly (yet autographed) shoes are an appropriate party favor, Rhymefest. You have a thing or two to learn about the stiff upper lip social conventions of Hamilton College.

- Being too much of a "wet blanket" to write this column because I am finally into grad school and have a new set of fears entirely disjoint from the points system.

by Stephen Allinger '09 & Tyler Zink '07

Who cares

- Alternative Spring Break: Usually I associate something alternative with being cool and exciting…not with being helpful, selfless, and boring.

- The CHOWDAH! Club: Get this, "There is no cost to attend the Chowdah Club, except what you order to eat and drink (plus tax and tip of course)."

- Steven Hawkins travels through zero gravity. Hasn't anyone learned that following the footsteps of Martha Stewart will either land you in jail or wrist deep in a lame-ass cheese tort?

- The communal residence at Woolcott teaches us to live in peace and harmony with nature. Too bad tofu doesn't *co-operate* with my digestive system.

THE SPECTATOR

Recycling at Hamilton: Do Your Part

We don't need to tell you that you should recycle. We have been hearing about it since kindergarten. Most of us probably saw recycling programs implemented in our towns and schools as we grew up. We've heard the warnings, seen the documentaries, read the newspaper articles. We know there are very real and pressing reasons to recycle. Yet we still do not do it. As a generation, we appear to care very little about the major environmental problems that are facing us. As a community, here on the Hill, we appear to care embarrassingly little about these problems, as is proven by the staggering details in two articles about this topic in this issue of *The Spectator*.

It's not hard to see why many of us do not really care about recycling. It's not that we don't realize how important the issue is, but it's hard to feel passionate about where that Keystone can ends up. We have been called the "Entitlement Generation;" we like things here and now. We want results immediately, and we do not like to do things when we cannot see the immediate results. And we can't see the results of recycling. It's difficult to care about something when we cannot see the good it is doing.

But, if you do your homework, you can see the good recycling does. If you need a concrete example, see "Recycling 101" in the Insights & Ideas section. As Laura Wright '10 says, if our school could recycle close to its capacity, we could save over $2,000. If the "flower power" school of thought does not appeal to you, this point should.

There is one argument that may resonate with even the most apathetic students though: recycling is almost as easy as not recycling. Three other cans surround nearly every garbage can on campus; the difference between recycling and wasting is often just a matter of inches. According to The Recycling Task Force's informative website, the container group includes "any plastics with the numbers 1 through 6, plus glass, metal, aluminum, and cartons," the paper group includes white paper, colored paper, glossy paper, newspaper and corrugated cardboard and the 5-cent deposit is for anything labeled with a New York state deposit marker. Take the extra effort to sort your waste, because if you don't, you are undermining everyone else's attempts to do so: if you dump a half-eaten pizza in the container bin, then none of those containers will get recycled. It's simple enough to do the right thing, so do it. Next time you see a red solo cup floating around Martin's Way Sunday morning after a particularly fun Saturday night, heed the wise words of that crunchy AA-leader and do your part.

by Laura Trubiano '07 and Pat Hodgens '09
ON BEHALF OF THE SPECTATOR EDITORIAL STAFF

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2. Letters should be no longer than 650 words.
3. Letters submitted anonymously will not be printed.
4. *The Spectator* will not edit letters for misspelling, poor grammar or diction.
5. *The Spectator* reserves the right not to publish any letter it deems inappropriate for publication.
6. If a piece is determined to be libelous, an unwarranted invasion of privacy, or an unnecessary and/or unwarranted ad hominem or personal attack, it will not be published.

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Letter to the Editor

On Professors' Political Donations : Politics and Pedagogy

To the editor:

Ben Noble's recent Spec piece, which documents that at Hamilton College contributors to Democratic candidates outnumber contributors to Republican candidates by a wide margin and makes a tenuous connection between political activity inside and outside of the classroom, has reignited a discussion about politics and pedagogy.

Does it matter that professors are almost monochromatic in their partisan attachments? Under the traditional ideals of pedagogy, where professors' political agendas are left at the classroom door, the answer is no. Whether professors give money or votes to Democrats or Republicans is no more relevant than whether they root for the Yankees or, sadly, the Red Sox.

Yet this ideal is now regarded by many as passé. The new ideal of postmodern pedagogy was thoughtfully articulated by my colleague Vivyan Adair at a panel on Activism in Academia last semester sponsored by the Diversity and Social Justice Project, as summarized on Hamilton's website: "There is a fundamental disagreement, Adair said, between those who believe that there can be one truth and that it can be objectively taught, and those who believe that all knowledge is contextual, culturally bound, and exists within a power structure. She argued that people who criticize activism in the classroom are setting up a false dichotomy between truth and ideology, when all knowledge is actually influenced and reinforced by ideology. Those in academia who practice what might be called "activism" by challenging master narratives do so because they believe that it is the only way to approach any real truth and knowledge." (http://www.hamilton.edu/news/more_news/display.cfm?id=11046)

Turnabout may or may not be fair play, but postmodern pedagogy seems to invite the kinds of criticism by inference from which some in academia feel victimized. Postmodern pedagogy is suspicious of power structures and seeks to challenge master narratives by scrutinizing context, motive, and ideology. By its telling, objective truth and traditional canons of evidence are themselves contested concepts. Conservative critics of academia are suspicious of what they take to be its new power structure and seek to challenge its master narrative by scrutinizing the context, motives, and ideologies of what they see as the new campus hegemons.

Postmodern pedagogy may be reaping what it sowed.

Theodore J. Eismeier
Government

Express your views in

I&I

e-mail
bnoble
and
phodgens

The Student-Professor Relationship

by Robin Gane-McCalla '07
Insights & Ideas Writer

I have decided to write an article on relationships that mean something beyond social life: the student-professor relationship. This relationship defines how learning occurs on campus. One thing that attracts students to liberal arts schools are the professors who develop close relationships with students. The nature of this close relationship is not precisely defined. There are students with excellent relationships with professors, but there is nobody who can tell you precisely how to form a good relationship with a student or a professor.

There is a minimal relationship that is defined by convention. A professor designs a curriculum for a course which entails a set of lectures they will deliver and assignments which the students will be evaluated by. Professors are also required to advise students on choosing courses and participate on committees. Professors are expected to keep up with developments in their fields and perform research. Of course, if you're interested in a field, those things shouldn't be hard to do and they might even be fun.

Students attend lectures and complete assignments to be evaluated favorably. In some cases, professors modify their curriculum based on feedback of students but this is not required. Though students do get a chance to evaluate their professors, these evaluations occur only once and are not as significant as students may hope and insignificant for tenured faculty. Thus, the relationship is unequal. Oftentimes, getting a good grade in a course depends more on understanding the professor than understanding the material. Professors exert more control over students than students exert over them, but professors are transferring education, an invaluable commodity, to students. I'd argue that most professors do not listen and seek student feedback enough; if they did they'd learn how to teach better.

Professors have the second highest job satisfaction rate among careers. According to www.salary.com, they also have the highest number of vacation days (31) and lowest number of reported hours worked per week (30). Before any professors preemptively fail me, let me make a few points in favor of professors. Professors generally have PhDs, which require years of rigorous education. Additionally, while professors may work less than other occupations, teaching is very hard work and it generates an essential commodity to society. Lastly, most students work less than professors. But, it is students who pay tuition whereas professors get paid.

It is hard to establish relationships between any two different groups. To some extent, the college makes professor-student relationships easier by having small classes and events for students and professors like happy hour at the pub. Evidently, before the drinking age was raised to 21 it was very common for departments to throw parties where students and professors would drink and socialize together. It's a bit sad to think that alcohol divides students and professors, but what else is there to do together? Sure, we all have hobbies and attend events, but if you want to foster a closer relationship with a professor and you don't share any hobbies or interests, what can you do? Professors and students should share academic interests. But most relationships in academia are predicated on the hierarchy in the system. Many students are afraid to tell professors their ideas because they don't want to be criticized for differing with the professor. Students are also afraid to correct a professor in class. Students sometimes complain about teachers being biased, which makes a positive relationship with the professor near impossible. It is hard for students to have an honest relationship with somebody whose job it is to evaluate them.

Students are partially to blame for the problem. Some students party excessively or aren't interested in the field they are studying. Some students think that it's entirely the professors responsibility to establish the relationship. Some professors are so engrossed in their field that is causes them emotional damage when a student declares something very contrary to their beliefs. There are many excellent professors here at Hamilton to whom this article largely does not apply. But there are bad professors. My relationships with professors, due largely to being a son of two professors and my discussions with other students about professors, have been good.

I can't say that of some students I've spoken to. There are professors who think they are magnitudes smarter than their students. Students are smart, and professors sometimes deny us credit. Communication is essential to any relationship and real communication is only possible between equals. I don't know how to solve the problem of student professor relationships. (I can suggest that students form intellectual relationships with other students as we can sometimes learn better from each other than from professors.) I think it's a deadlock. Perhaps both parties feel they're putting in more than their fair share, so neither wants to put more effort into making this campus a more diverse and intelligent environment.

Recycling 101: Intro to Recycling on the Hill

by Laura Wright '10
Insights & Ideas Contributor

Commons orders between 500 and 1000 plastic cups every week. Thanks to student theft, we need to replace them *every week*. Many a lunchtime, students find no choice in quenching their thirst other than to fill up a paper cup - at 11 cents a pop. In fact, as much money is spent on paper cups every week as chicken!

Bon Appétit can't provide us with ceramic mugs to enjoy our hot chocolate and coffee in the dining halls because they are stolen within days of being put out. McEwen had to install protectors on the ice cream freezers because tubs of ice cream were being pilfered. So is our campus full of thieving vagrants or simply kids looking to have some fun? Well, the thrill of a giant tub of ice cream in Milbank, ready to be preyed upon by a horde of sloshed sophomores, may make for a great night, but the careless actions of our students have real consequences, most of which are never considered by the campus population.

In light of RecycleMania, the Hamilton Environmental Action Group (HEAG) has been trying to look into the different ways in which we dispose of and manage our waste on campus; what we've found out about campus practices is truly shocking.

After talking with Terry Hawkridge, the assistant director of grounds, horticulture and arboretum, I managed to get a grasp on what actually happens to our trash once we have thoughtlessly thrown it away. Fifty-six custodians on our campus collect garbage every day. Though it is not their job to go rifling through our waste, a lot of the time they take the effort to sort recycling from garbage. The good nature of custodians shouldn't be relied upon, however; as Terry put it, "everybody sorts their own waste." We shouldn't ask custodians to have to reach into trash cans, where the recyclables could be covered in pizza sauce or broken glass - real trash.

The ability of our janitorial staff to sort our waste is limited - many of the materials recycled on campus have to be thrown away with all the other garbage, as it has been contaminated with other trash. It is bad enough that only a small proportion of our campus makes the effort to recycle at all, but to think that their efforts are being undermined by a few people who won't take two seconds to put their banana peel in the actual trash? Talk about frustrating.

So, once the trash makes it out of the cans and onto the roadside, where does it go? Well, it all gets taken up to the Physical Plant (on Griffin Road, in case you didn't know) and sorted again. The paper materials get put into a compressor and picked up once a week, so that transportation back and forth from the Oneida-Herkimer Waste Facility is more efficient. Container group recyclables are taken to be recycled based upon volume. Regular trash is also compressed and transported once every one to two weeks, though often our consumption overwhelms the capacity of the compressor and waste has to be transported more frequently. In a month, we generally produce between 70 and 75 tons of trash - at $72 a ton.

So, where is most of our waste coming from? Well, the dining halls account for a little under half of our waste and professors' residences about five percent. Much of the waste produced from the dining halls could be cut down by the implementation of a composting facility - but with our wonderful new arts center and the KJ extension, efficiency doesn't really seem to be the top priority here on the Hill. Perhaps if we collected the five-cent deposits on recyclables and contributed them towards a composting facility, we would not have to worry about funding for a compost system? But even with composting, half of all trash is still coming directly from the student body. With at least 70 tons of trash per month being handled, only three or so tons of recycling is taken off of campus. (Not including five-cent deposits, which are often collected by the custodial staff.)

> "the careless actions of our students have real consequences..."

So what are we doing wrong here? Statistics say that 40 percent of our waste is recyclable. With 350 recycling stations on campus, it's a little hard for the members of HEAG and the conscious minds on the hill to account for everyone else's recycling mistakes. So, how about we go with Terry's mantra: everybody sorts their own waste. It isn't that hard to do - try reading the recycling signs above the garbage, checking out *The comPost* for recycling tips, looking at the signs in Beinecke or even looking at the recycling website Physical Plant so kindly put up. It might not seem like recycling will benefit you directly, but think of this: Physical Plant saves $80 for every ton of recycled materials. If we recycled near to capacity, we could save $2320 a month!

Now, what if that money went toward the student body instead of, literally, in the trash? Maybe we wouldn't have to steal ice cream from McEwen and we could just have an ice cream party in the annex.

The Career Center

The Career Center *is hiring!*

Are you looking for a rewarding on-campus employment opportunity for next year?
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Jaded Senior Girl: A Perspective on Cheating

Two Senior Columnists Sound-off on Hamilton's Relationships and Share Thoughts on Cheating

by Eileen Starrett '07
Senior Sports Editor

Is cheating ever okay? To answer that question, you must first determine the definition of cheating. What does cheating entail? Is it cheating only if your partner finds out? Is a smooch with someone else cheating? Is having sex with someone else cheating? What about everything in between? Is it even possible to cheat at Hamilton when there are so few conventional relationships? I mean come on, if you've ever cheated you have likely considered these questions and their answers. For the purposes of this article, I define cheating as something you wouldn't feel comfortable telling your boyfriend or girlfriend (or your parents) about in explicit detail while it was happening. So, to clarify, you couldn't pick up your cell mid-act. Make sense? Good.

I do not think that cheating is ever okay. I have never been the cheater but I have been the cheated. This is the perspective from which I write. However, I do know that it happens. I asked around to gain perspective and heard the explanation that sometimes it's easier to cheat than to end a relationship. I heard that you have a small, closing window of opportunity and it might be your only chance with someone. I also heard that sometimes people don't even know they're in a relationship until they're being hassled for cheating. I think that's something unique to college. At Hamilton for example, someone might feel like they have been cheated on when the cheater didn't realize their "relationship" was anything more than three Saturday night hook-ups in a row. Again, at Hamilton, since we have a general lack of relationships, it's hard to determine if anything is actually cheating. Even if you're not in what has been mutually determined to be an exclusive relationship, is smooching someone else okay? I personally say no. Chances are, if you are in some semblance of a relationship (those three successive Saturday nights, for example) there is a chance that perhaps the other party thinks that it's more than it actually is, and for better or worse, they will be hurt. Communication is the key.

I think there are two types of cheating: emotional cheating and physical cheating. My earlier definition of cheating is of physical cheating. Emotional cheating is when you are emotionally dependent on a potential significant other who essentially takes the emotional place of a boyfriend or girlfriend. In some cases, emotional cheating can be just as bad, if not worse than, physical cheating. A successful relationship is based on an emotional connection, a different kind of connection that designates someone as a boyfriend and not just a friend who's a boy. Having that emotional connection, and I don't mean with your best friend, but with someone who has the potential to ever be a significant other (in your mind or theirs) is cheating if it takes place in lieu of having a continued or increasing emotional connection with your existing significant other. If you're doing that, you're not completely "in" your relationship so some rearranging and reevaluating ought to take place.

My big problem with cheating is the trust aspect. Trust is the basis of any good relationship, in whatever form that relationship may take. If you cheat on someone, you break that trust, end of story. Why would anyone want to be with you if you would cheat on them? It isn't a constructive or healthy way to conduct a relationship.

I also think that using cheating as a means to an end is just plain gutless. If you've fallen out of "like" with someone and you just don't want to be with them anymore, then tell them. Have an uncomfortable conversation for ten minutes rather than hurting them for an even longer period of time. It's again all about responsibility. Sure, cheat, but be prepared for the consequences of having your girl or boyfriend be upset and hurt when you could have ended it relatively painlessly. Breaking up is better than cheating to force a break-up.

So, long-distance relationships, what about cheating when you're in one of those? Is that ever okay? Gosh, long-distance relationships are complicated! They throw a wrench in the equation. We have all heard the adage "Out of sight, out of mind" and in some ways, that applies best to long-distance college relationships. I think that it is often easier to cheat when your boyfriend or girlfriend goes to another school and you have two completely different spheres of friends. You might think it's a good idea to cheat and you could even get away without them ever finding out, but then why would you want to continue that relationship? It would be forever tainted by the fact that back in college you cheated on your now life-partner with so-and-so after that Bundy party. Would you be able to have a real, lasting relationship knowing it was based on dishonesty? Maybe you could, but I personally couldn't.

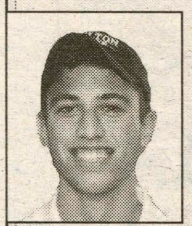
Some might claim that it's only natural to cheat. To that I say, sure, maybe way back when. Nowadays, we have societal, cultural and moral standards by which we live in order to be a functioning and respected member of any group, culture or clan. We don't tolerate cheating on tests on our campus and in our society, a cheater in a relationship isn't tolerated either.

So who cheats more? I think girls cheat more, but I definitely hear more about the guys who cheat. Maybe I just hear the complaints of equally jaded girls, but I think that girls treat relationships like math problems and cost-benefit analyses. A girl stays with someone to the point that there isn't something out there that could be considered a better choice or fit.

In my opinion, girls are also sneakier and more calculating about the risks they are willing to take in their relationships. Girls consider the long-term, while boys often only see the short-term. Some of my girlfriends disagree with me, but I'm sticking to my guns. I believe girls usually cheat with a purpose while boys are often more opportunistic. A girl might cheat with the hope that cheating will open her significant other's eyes to the fact that she's still desirable (often a form of self-validation as well); to fill a void in her existing relationship (more often perceived than actual); or in anticipation of the current relationship's end (creating an overlap so as to avoid alone-time). I think that girls tend to over think and over analyze things (which a Word Count of this article would prove).

So is it ever okay? I don't think so. I think that if you use cheating as a way out of a relationship (because admit it, if you're cheating, the relationship needs to be reevaluated anyway), then you're taking an easy way out. Why put someone, who you respected enough at one point in time to want to be with, through something so disrespectful? Respect them and whatever good thing you may have had enough to end it to their face and not through some hurtful act.

It is my hope that cheating in relationships wouldn't ever happen. In an ideal world, people would end relationships when they needed ending and wouldn't stray (though I won't kid myself into thinking that's our current reality). What I do believe is that college is the perfect time to start practicing for our very real and impending romantic futures. We need to remember that Hamilton hook-ups are merely precursors to a relationship that might be the forever kind.



by Matthew Kotlove '09
Staff Cartoonist

A Senior's "Fleeting Perspective" on Cheating

Two Senior Columnists Sound-off on Hamilton's Relationships and Share Thoughts on Cheating

by Matt Bradley '07
Insights & Ideas Writer

Cheating is a great way to end a relationship. Cheating is a great way to fulfill a physical or emotional void in a current relationship. Cheating is also a damn good way to get yourself in trouble with a woman you truly care about. I'll be the first one to say, however, that cheating is never okay. As a male, I've heard plenty of cheating stories. And much like the *Old School* "Good talk; I'll see you out there" speech, "guy-code" prohibits any man from selling out another; as Craig Kilborn ingeniously puts it, "That's what girls do."

The ubiquity of cheating in relationships, however, is a result of its taboo nature. Naturally, humans will want to do anything they are forbidden from doing. The examples go back through the ages: eating from the forbidden fruit in the Garden of Eden, drinking during prohibition, drug use, and of course, cheating. It is in the understanding of the two possible motivations behind cheating, however, that truly reveals the source of its prevalence.

As a male, I will be the first to admit that I have, in fact, cheated on a girlfriend. Based on my own experience, I find that there are two major reasons why men cheat. First, a man cheats because he does not have the gall to end a current relationship that obviously does not fulfill his physical and emotional needs. Once the beauty of romance gives way to the uglier, more honest side of his girlfriend, other options seem much more alluring. These men may commonly ask themselves, "So you're telling me I can hook-up like a newlywed without the nagging of a married couple?" As the relationship continues, and the broken, flawed, and emotionally vulnerable pieces of their partner's personality shine through, it is at this point when the girlfriend fails the male version of the cost-benefit analysis.

When a man is unsatisfied with his current relationship, the other girls on campus (which he has seen only peripherally at this point) move straight into his "tunnel vision;" (pun intended). When a man is unhappy with his codependent partner, but unable to give up the comfort of a long-term relationship, this is the moment when he is most likely to clandestinely cast his bait into the sea of newly spawned first-year fish.

The second, and perhaps most important reason for cheating, is an animalistic desire for another fertile woman. This may sound crazy, but bear with me here. This has much to do with the same reason why women are attracted to alpha males. As I mentioned in a prior column, female lionesses are attracted to the stronger and more aggressive lion suitor. Similarly, women (whether consciously or not) are naturally attracted to the larger, more aggressive males because they offer inherent protection and comfort. Male lions, on the other hand, simply look for the youngest, most fertile companion (e.g.; younger, more attractive freshman girls).

Freud identifies this animalistic instinct as the "Id." It is the strongest link between humans and the rest of the animal kingdom. While there are a few species that do mate for life, like swans and wolves, the large majority of animals procreate with new partners each mating season. A man's desire to "go forth and multiply" is far more than a Biblical duty. Rather, it is an instinctual desire carried on by the Id. Humans, unlike the huge majority of creatures who mate for life, are naturally inclined to copulate with many partners.

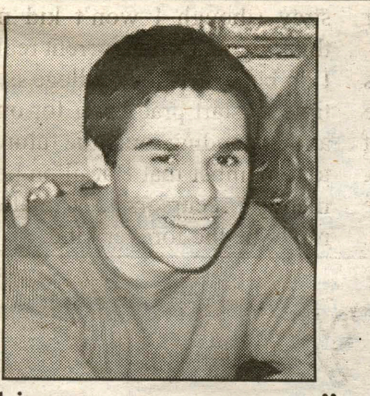
It is religion, however, that has confined humankind to life-long matrimony. Now, with a 52 percent divorce rate, many people are beginning to see the value in appeasing their natural instincts. While cheating is wrong, it is inherently natural. Before you get caught up in marriage, make sure you first fulfill your animalistic desires. It is only then that a man can truly find the female partner with which he can spend the rest of his life, free from once rampant need to satisfy his Id.

Unlike Eileen, I would argue that men have a more natural proclivity towards cheating. As I described earlier, men, unlike women, are subject to finding the youngest, most fertile mate for reproduction. Additionally, and perhaps more importantly, women attach a much more emotional bond to physical intimacy. Don't get me wrong, men aren't cold-hearted sex-mongers. Sex is also a way for men to demonstrate an emotional connection with women. Women, however, because of their animalistic desire to find a suitable father with which to raise and protect a child, naturally attach much more gravity and emotion to the act of sex.

Cheating for women, therefore, goes against the natural desires of the Id. If, subconsciously, women engage in sex with men whom they see fit to protect her and her child, they are much less likely to purposefully engage in any act that may jeopardize the future safety of the family. While, obviously, some women only engage in sex for attention and self-validation (just like some men), the animalistic aspect of copulation cannot be ignored.

While it is scary for some people to identify human desires with those of animals (especially for those religious students who cling to faith as an external locus of control), Darwin would conveniently remind us that our animal heritage is an essential part of human nature and survival (fight-or-flight, breast-feeding, pleasure-seeking, etc.). Just because animalistic desires constitute an important part of our psychological makeup, however, it does not mean they rule our decision making. Freud is also careful to point out that the Ego and Super-Ego play roles in our decision making as well.

While I have finished my cheating stage, it does not mean my animalistic desires are gone. It does mean, however, that I have something (or someone) significant enough in my life to satisfy my needs. It is entirely possible, even in college, to overcome one's animalistic instincts. Cheating is a natural part of relationships, no matter how badly one's drunken state may exacerbate the Id. Once you understand the nature of these desires, it is possible to then control them. I suggest being with as many people as you can until you find exactly what you do and do not want in a partner. Then, when you least expect it, she'll show up in the pub with an unassuming smile, knowing she holds the key to the rest of your life. Cheating is what you do until you find the person that makes it impossible to ever do so again.



"Chinaaaaatownnnnnnn."

Chris Estremera '07

"I'm Chinese?"

Eugene Nahm '09

"Sun's out, guns out."

Joe Bock '09

"Umm....high?"

Lindsay Jones '09

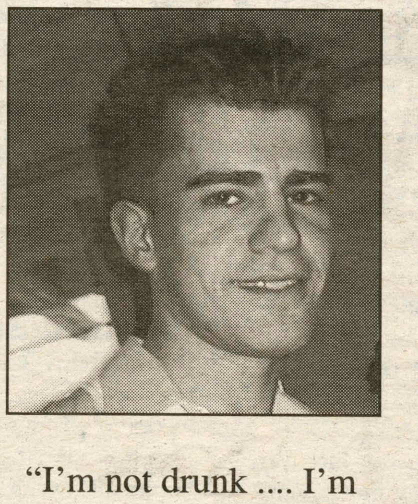
Hamilton Unscripted

This week's question:
What's your favorite catchphrase?

by Rita Tran '09 and Tyrone Evans '09

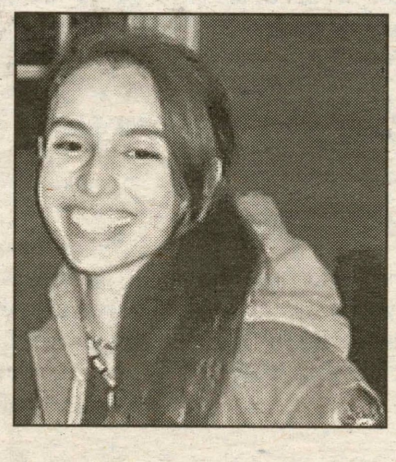
"Iiiiiii don't know!"

Michelle Fisher '10



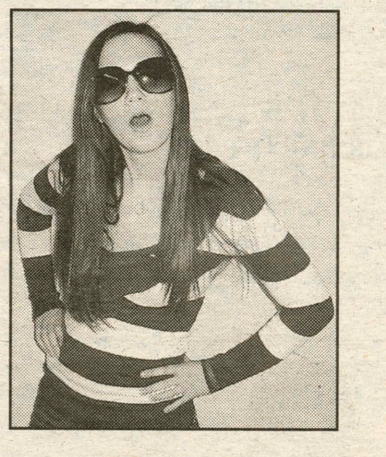
"I'm not drunk .... I'm extraaaaaaaaaaaa nice."

Rafael Rosa '10



"What it is..."

Sarah Hessasta '08



"Dolla dolla billz y'all."

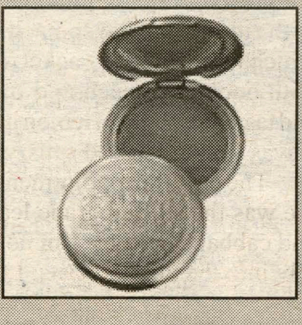
Lauren Moon '09

Lotions and Potions: Spring Break Special

by Elizabeth Kosar '10
Beauty Expert

Spring Break...Oh, Spring Break. It is really a college thing. I mean, seriously, when you're twelve and going to the Bahamas with your parents, it's all "Whoopee I get to stay up until 11:00 p.m." But when you're in college and going to the Bahamas with your friends, it's like, "Wow, I am going to have the time of my life...too bad I won't remember it."

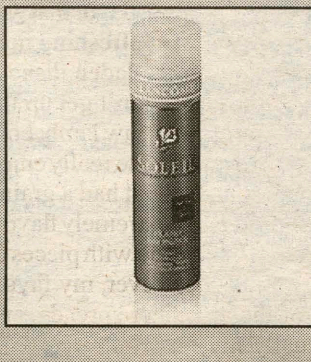
1. Blush is my favorite beauty product because if you just do a flushed cheek with a little bit of any other make-up, it looks so fresh. Stila Convertible Color is lovely, and very portable.



2. Because I'm always worried about my hair, I love spending time on the beach because I can slick some leave-in conditioner through it and just let it be. My favorite is Hamadi Shea Leave In, Daily Conditioner/Styling Cream. It's tested on actresses, not animals.

3. The Body Shop Satsuma Body Butter- Okay, this stuff smells so good, like summer in a tub, and it keeps your body moisturized and glowing.

4. I am very pale and generally when I use self-tanners I end up orange and stripey. The only solution to this problem is to use a mousse, like Lancome's Flash Bronzer Mousse.



5. Whether you're tanning in Cancun (but I don't recommend this unless you want to hear the Melanoma song) or skiing in Aspen, you're going to want a good sunscreen, at least for your face. I really like Aveeno's Continuous Protection Sunblock lotion. It's oil free and non-greasy, because nobody likes an oil slick on their face.

To Transfer or Not to Transfer: Hamilton is What You Make Of It

by Sanjana Nafday '10
Features Writer

I was sitting with some friends around a table in Commons, protected from the cold blankets of snow that covered Hamilton College. As a resounding hum of conversation filled the dimly lit dining hall, the smell of food and hot chocolate pervaded my nose and soothed my numbed brain.

I struck up a conversation with a senior sitting at my table and was caught by surprise when he asked me two questions, which according to him, followed a logical progression: "Are you a freshman? So, do you want to transfer?"

While I had never noticed it before, over the next few days I started seeing disgruntled freshmen everywhere. There were many people who, if given the chance or were determined enough, would transfer. "Why?" I wondered. I decided to ask people what exactly it was that they didn't like about Hamilton.

"Not enough hippies," jested Andrew Peart, a sandy haired freshman with a winning sense of humor. "Too many Brohams and Econ majors, which is to say too many Econ majors." I laughed. "Also, the streaking team needs to put themselves out there and make a respectable effort."

While Peart is not seriously considering leaving due to the tedious that precludes transferring, he is dissatisfied with Hamilton College. He applied here with the image of Hamilton as a liberal arts institution where students did not hold steadfastly onto a career decision made early on, but instead learned a wide array of subjects to figure out what they liked. "I sense too much of a professional, career oriented perspective and not enough of a true liberal arts spirit," Peart said. He has observed "very few students who are interested in knowledge for knowledge's sake."

Another student I spoke with thought that the student body was too small. She said, "I wanted to go to a place that had a lot of kids. College is about meeting a lot of new people." I asked her why she applied to Hamilton College, which is notable for its small student body, and she responded, "Well, Hamilton was my second choice. But, still, I guess I didn't realize that it was so small. Maybe I'm not used to it."

Popular among many freshmen responses were the phrases, "Too cold! Too isolated!" It seemed to me that many students who applied here didn't know what they were signing themselves up for.

Jess Mariglio, a friendly and open senior, felt the same way when she came in as a freshman. She said, "I wanted to transfer as soon as I got here because it wasn't what I expected. I felt like it was an extension of boarding school, and I was looking for something different." Mariglio is a liberal thinker, both politically and socially, and her freshman year she felt that Hamilton College had a strong conservative vibe. She was disappointed that people often chose to ignore "the other side of an issue."

Mariglio applied to transfer and was accepted to Barnard College, a liberal arts college in New York City. At Barnard she thought she would get the college experience she was looking for. However, housing complications prevented her from transferring, which is something Mariglio says she has no regrets about. She said, "Hamilton has changed. There are many more people with diverse ideas and backgrounds. In my opinion, the school is going in a positive direction."

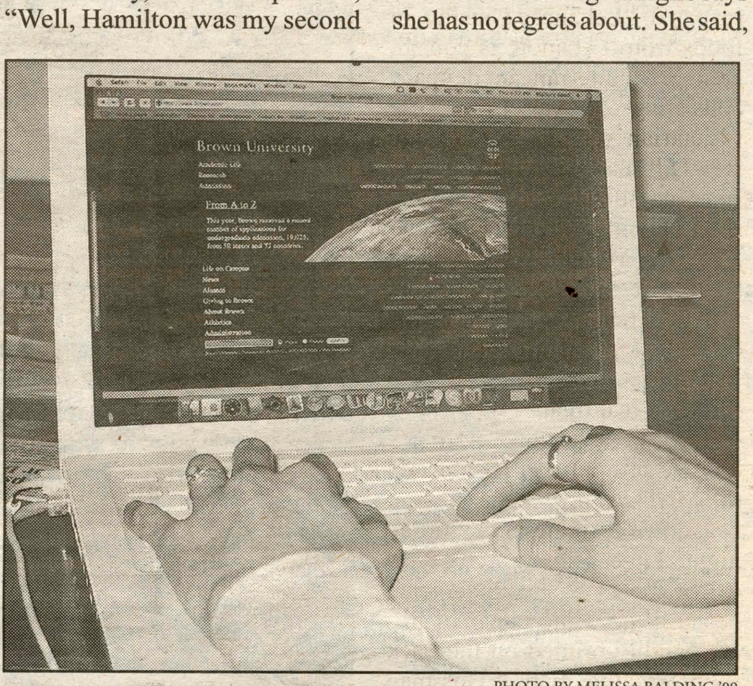


PHOTO BY MELISSA BALDING '09

Why do students decide to transfer off the Hill?

While many of the students that Mariglio was friendly with ended up transferring out because they were dismayed with the social scene, she said, "You have to give Hamilton a chance." Mariglio explained, "You have to dig and find people, and that's when you begin to find your group of friends. Hamilton is what you make of it."

I realized that most of the responses I got from freshmen who wanted to transfer were all the reasons why I want to stay. I enjoy the small class size, and career oriented efficacy, the sense that I can form intimate relationships with a student body that, according to one senior, you get to know really well. The cold weather and isolation are small prices to pay for all of these perks. I'm sticking around.

What's Cookin' in the Co-op: *Salsa and Salad!*

by Laura Hartz '07
Features Contributor

PEACH-MANGO SALSA FOR BREAKFAST:

Peach-Mango Salsa never lasts long at the co-op. These two breakfast bagel treats are a great way to get your daily (well, morning anyways) dose of salsa.

BAGEL 1:

1. Slice and toast a whole wheat bagel
2.. Mash half of an avocado and spread on both halves of the bagel.
3. Fry two eggs and place one egg on each bagel half.
4. Add salt and pepper to taste.
5. Top with peach mango salsa!

BAGEL 2:

1. Slice and toast a whole wheat bagel.
2. Mash half of an avacado and spread on both halves of the bagel.
3. Slice an apple and place slices on bagel halves.
4. Top each half with fresh spinach and peach mango salsa!

SPINACH, CUKES, FETA, CRANBERRY-NUT SALAD

Salad is a staple at every other meal in the co-op. We have lots of variations on the standard, but this variation is the favorite right now. Store the salad dressing that people don't use in the refrigerator for gustatory pleasure down the road.

serves 6-10

2 lbs fresh spinach leaves
1 cucumber
½ cup feta, crumbled
1 cup walnuts
1 cup dried cranberries, or for a real treat, dried tart cherries

1.Toast the walnuts in the oven at 350° for 10-15 minutes, until you can smell them (they will be lightly toasted). Be careful not to burn them. Cool the toasted walnuts before mixing with the greens.
2. Wash and spin-dry spinach, pick out the stems or dark green slimers.
3.Wash and thinly slice the cucumbers.
4. Mix all of the ingredients together and top with homemade salad dressing.

BALSAMIC-ROSEMARY SALAD DRESSING:

1 cup extra virgin olive oil
1 cup balsamic vinaigarette
¼ cup maple syrup or honey
1 teaspoon dried rosemary
1 teaspoon salt
½ teaspoon cracked pepper
½ teaspoon finely minced garlic (optional)
A healthy squirt or two of fresh lemon juice

1. Pour all of the ingredients into a mason jar.
2. Top with a lid. Shake.
3. Delight in your own fresh salad dressing.

"What's Cookin' in the Co-op" is a weekly collection of yummy concoctions from the co-op kitchen at Woollcott House. Try 'em out in your common room kitchen or impress Mom and Dad over break! Thanks to the co-op members for sharing their culinary creativity!

Restaurant Review: The Phoenician, A Lebanese Delight

by Mallory Reed '10
Features Editor

I have to admit I didn't know much about Lebanese food before my meal at the Phoenician Restaurant in New Hartford. So I, like any inquiring college student, turned to Wikipedia. My search revealed, "Lebanese Cuisine, or foods from Lebanon, is considered a Mediterranean delicacy consisting of a variety of fresh vegetarian recipes, salads and stews all seasoned with a flavorsome combination of herbs and spices." However, this mere collection of words couldn't begin to capture the delicious flavors and textures of my meal at the Phoenician. Let me tell you, if you've never tried it, Lebanese food is a real treat!

I also have to confess I didn't know exactly where Lebanon is in the Mediterranean world before I sat down to dinner on Saturday night. I guess this is pretty typical of diners at the Phoenician because the white paper menus are handily printed on the back of informative maps. This map condenses the span of the Atlantic Ocean to display Europe and Northern Africa in relation to good old New York State. And just in case you are as bad at geography as I am, Lebanon is located along the eastern coast of the Mediterranean and is bordered by Syria to the north and Israel to the south.

So by walking through the doors of the Phoenician Restaurant on a frigid Saturday night in central New York, my friends and I were automatically transported across the span of the Atlantic Ocean and Mediterranean Sea, to where we made a crash landing at a dining room table in Lebanon. A Lebanon that goes all out on Valentine's Day, that is, for red hearts hung from the lamps and walls throughout the dining room.

Basically everything in the room was red besides the white walls, white sloping ceilings and scattered authentic Lebanese artwork. We entered through a red door, walked on a red rug, sat in red leather chairs, dined on a red cloth tablecloth and looked through windows framed by red floral curtains. This use of rich color, along with the warm glow from the small shaded lamps on the walls, created an extremely warm and inviting atmosphere. It was the perfect setting to enjoy a meal on a cold weekend night.

The Phoenician was pretty busy at 6:30 p.m. as the tables in both of the two cozy dining rooms were almost all filled with couples and families alike. A lot of the diners seemed to be regulars, which added to the homey, family-run restaurant atmosphere. I heard more than one customer ask for a waitress by name, and when the cook came out to make his rounds, he stopped to speak with a large family and planted a kiss on the head of a little girl at the table. It was all very warm and fuzzy and as we sat down to eat, one of my friends said, "I feel like I'm in my Uncle's house." The only thing that was missing was music, which meant we could hear the conversations at the tables around us, and we didn't get to enjoy any authentic Lebanese tunes while we sampled the cuisine.

PHOTO BY MALLORY REED '10

A selection of appetizer spreads and fresh pita bread at The Phoenician.

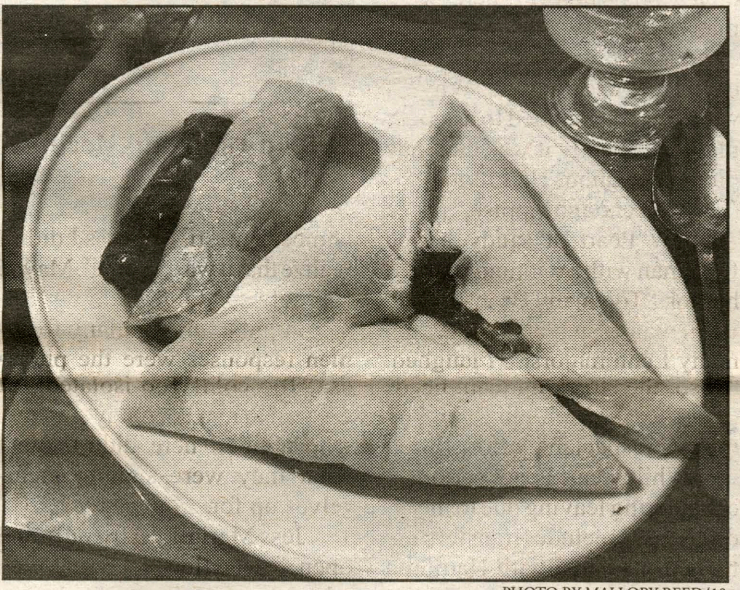


PHOTO BY MALLORY REED '10

Spinach pie, stuffed cabbage, and stuffed grape leaves at The Phoenician.

PHOTO BY MALLORY REED '10

Spicy Chicken at the Phoenician.

And sample the cuisine we did! The menu was a bit overwhelming even though it wasn't particularly large, and we had a bit of trouble deciphering what some of the traditional dishes were. However, our waitress was very knowledgeable and answered our questions in a very brisk, matter of fact manner. The menu is divided up into appetizers, side dishes, entrees, seafood, specials and desserts. There is a fried fish section available only on Fridays and the specials are all subject to availability. In order to maximize the number of different dishes we could try, my friend and I each decided on the Phoenician Platter for one, and my other friend picked the Spicy Chicken. The amount of food this involved is mind-blowing and not even three hungry girls could handle it all.

The platters each included a choice of two appetizers each so between us, my friend and I got the baba ghanouge, a creamy spread made with pureed eggplant, tahini, olive oil, garlic, and spices, the hummus bit-tahini, a similar spread made with mashed chick peas, the labini, a cheese spread made from homemade yogurt and the kibbi nayyi, a raw-lamb spread available on Saturdays only. We were supplied with a mound of fresh, homemade pita so we went to work scooping up the spreads with the chewy, slightly charred, and absolutely delicious pita bread.

Each of the spreads covered a fairly large round plate, and although we felt like we ate so much, we barely made a dent in the portions. One of my friends said that it was hard to pace herself with so much food, and if we didn't focus on eating slowly, "we'd never come out alive." I wanted to live to remember the meal so I concentrated on enjoying every bite. I loved the thick, creamy hummus, drizzled with olive oil and paprika and delectably spiced with parsley and garlic. The labini cheese had an intense sour yogurt flavor that was invigorating and refreshing next to the other garlic-laden dishes.

Although I didn't get up the guts to sample the raw lamb, both my friends seemed to really enjoy it. My friend said it had a grainy texture and was extremely flavorful piled on her pita with pieces of raw onion. However, my favorite of the appetizer spreads, and actually my favorite dish of the meal, was the rich, velvety baba ghanouge. I couldn't get enough of the smoky, garlicy eggplant puree, and I was still scooping it up long after our entrees arrived.

The exotic flavors were making me pretty thirsty and I kept draining my miniscule water glass. Our waitress provided us with a carafe for the table, but it wasn't very large and we went through it pretty fast. However, while the restaurant was busy and our waitress was swamped, she was still very efficient. While she didn't notice our empty glasses, once we asked for refills, she came back with more water right away. Part of the whole experience was the brisk, familiar service. One of the waitresses was dressed in a red and blue-stripped polo shirt and jeans. Hey, go with the flow, right?

After we worked on our appetizers for a while, our waitress asked us if we were ready for our salads. She came back with three glass bowls filled with iceberg lettuce drizzled in a house dressing, topped with feta cheese crumbles and one slice of tomato. The light, peppery vinaigrette was delicious on top of the chilled, crunchy chunks of iceberg and pieces of creamy cheese. However, since the one small chunk of tomato was such a nice change from the cardboard-tasting tomatoes on the Commons salad bar, I longed for more. Even though it was lacking in tomato, the salad was simple and light, but very tasty.

We were still going strong by the time the main course arrived. My friend's spicy chicken was a large breast of chicken slathered in a bright red, yes more red, tomato and fresh pepper sauce. This was served on top of a large bed of rice pilaf. Her marinated chicken was flavorful and moist and the sauce was not overwhelmingly spicy but left just a hint of a burn at the back of the throat. I guess the word for this delicious concoction of chicken and veggies would be "zesty!"

The platter for one ended up arriving on two plates, one with the kebab over a bed of the same rice pilaf, and another with a stuffed grape leave, stuffed cabbage, and choice of spinach pie or fried lamb pocket. I requested a chicken kabob and spinach pie while my friend decided on the kafta kabob, a mix of ground lamb and sirloin, and lamb pocket.

I can't say enough about my chicken. It was rubbed in an incredibly flavorful mix of spices and had just the slightest taste of char from the grill. I also had a lot of fun sliding each yummy piece of meat off my metal skewer. The rice pilaf was pretty nondescript, and maybe slightly overcooked, but you can't really go to wrong with rice. I like the spinach pie, which was a doughy pocket filled with cooked spinach and onion and tasted strongly of lemon juice. It was very fresh and satisfying.

The only disappointment for me was the stuffed grape leaves and cabbage because I'm not really into the exotic meats; I tend to stick to my chicken. I did like these two side dishes, which involved grape leaves and cabbage stuffed with a mixture of rice and meat, but couldn't handle more than a few bites. However, my friend happily gobbled up her grape leaves as well as mine.

Overall, although we each only ordered an entrée and took the appetizers and salads we were given with it, there was way too much food. We are big eaters and it is a rare occurrence when we don't have room for dessert. But of course we couldn't leave without some baklava to take home because we girls will always have a sweet tooth. At the Phoenician it seems almost like you are expected to have leftovers, as our waitress dropped off a selection of containers to take home what we didn't finish. We loaded up on hummus, baba ghanouge, rice and pita bread for our roommates and friends. Basically our meal for three people could have fed ten.

The Phoenician Restaurant is a real Mediterranean experience less than 10 miles away from the Hill. Lebanese food is similar to Greek cuisine and is flavorful, diverse and healthy. The atmosphere inside the Phoenician is comforting and homey, and the service is brisk and efficient. I'm sure if my friends and I became regulars, our waitress might warm up a little. Most importantly, portions are extremely generous and prices are reasonable. The spicy chicken was $10.95 and each of the platters was $15.95. The Phoenician Restaurant is located at 623 French Road in New Hartford. Some weekend night, if you are looking for an international escape, hit up Phoenician. Once you go Lebanese, you'll keep going back.

The Online Shopper

by Brittany Albert '10
Features Writer

It's below zero at Hamilton, but online it's spring. Here's a preview of warmer weather fashion.

Raffia-trimmed shirting-stripe skirt, $130.00, jcrew.com

Marc by Marc Jacobs Light Brown Dobby Coat, $268.00, bleufly.com

Gold Sparrow Necklace, $12.00, fredlfare.com

Spring Blouse, $118.00, anthropologie.com

Lux Plaid Bermuda Short, $48.00, urbanoutfitters.com

Voices from Abroad: Learning the Rules

by Katie Naughton '08
Features Writer

I finally managed to go to the Musée d'Orsay yesterday. I'd tried the week before, on a Monday, but it was closed. Or so said the sign, but the door labeled "reserved entry" was open and people were entering. As my student card says that I'm an art history student (which is true only in the broadest of terms) I thought I was perhaps one of those for whom entry was reserved, and I proceeded to enter.

The security guard was not d'accord (another David Sedaris rip-off for those of you keeping track) with this and tried to explain to me in halting English that, "Miss, the museum is only open from Tuesday to…" As he faltered for the word Sunday, I wanted to say "Dimanche?" Oui, je comprends, mais la porte est ouvert, et il y a du monde dedans… Perhaps I'm just recounting this story out of insecurity over my inability to understand the rules. Or maybe there are just a lot of rules that no one but someone who was brought up with them understands. Maybe it's like the cultural compulsions such as my toilet and my sink in different rooms.

A prime example of this is the fine structure of formal writing in France. Both my methodology professor at Reid Hall (Hamilton's office in Paris) and one of my literature professors at Paris III have tried rather unsuccessfully to explain how one goes about writing a "commentaire compare." This is roughly the same compare and contrast essay I've been writing since I was ten years old, but with more rules.

Once I think that I've got it down, my professor will say to me, "well, you need to quote both authors here," or, "well, the content here is fine, but why have you introduced the quotation like this, with all these words, why not just set it down after a colon?"

All the foreigners in France, American or not, have decided that it is probably impossible to figure out the rules. A short essay on a philosophical question for our grammar class came back with comments like: "Why have you not analyzed the meaning of every word in nous vivons, cage du verre," "Why have you not discussed greenhouses," "Why have you not made allusion to the glass cage Saddam Hussein was kept in during his criminal trial?"

The Musee d'Orsay is a popular art museum in Paris.

"How could we?" we protest in the streets afterwards, drinking 0,16 € cola from Ed, a discount grocery store. How could we have worked all of that in to a coherent statement of a philosophy, all in two pages? How?

The pervasiveness of la formule extends to meals, which is beginning to give me an indication as to why my French host parents think I am starving. Most restaurants have la formule, which is a set of choices you buy for a fixed price: one entrée (meaning appetizer) and one plat (being the main dish), and boisson (drink, usually coffee or wine). Or you can have an entrée and a dessert (I won't translate). Even cheap little student sandwich shops usually throw in a choice of yogurt or beignet, which I think is pretty much a donut.

My French family must think it odd as I try to reconstruct my formule, as I try to eat what seems to me like a meal. So many bananas and so much rice! You eat just spinach raw like that? Just eggs scrambled up? You don't make them into anything? Where is the meat?

Being There: A Sunny Afternoon Swim

by Mallory Reed '10
Features Editor

I am queen of the swimming pool as I burst out of the locker room and walk the plastic red-carpet ramp down to the pool deck. A sweet-smelling cocoon of warm, chlorinated air envelops me as I flip-flop my way across the square, white tiles of the deck, to the white linoleum blockhead that divides the pool and the diving well and perch upon starting block number two. Mmmm I love Bristol Pool.

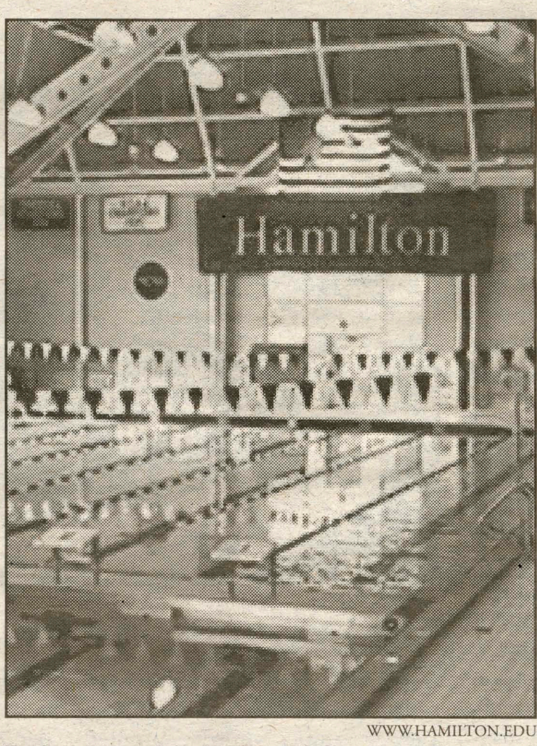
From my starting block throne the pool area is a rush of airy light. Rays of run twinkle in through the mammoth windows and dazzle in reflected waves on the butter yellow walls. The air swims with sun.

The 10-meter diving board, flanked by her pair of 3-meter henchmen, stands guard over the peaceful aquamarine rectangle of the diving well. Two water polo nets stare each other down from opposite ends of the well as light streams in and paints distorted pale-yellow squares on the bottom of the pool. A few streams of water bubble happily away below each of the three-meter boards, competing with the noise of the rhythmic splashing from the lone swimmer in lane eight of the main pool. As I turn myself around to reign over the main pool, the swimmer begins a powerful butterfly stroke, her body undulating through the crystal liquid, arms pounding the surface and creating a disturbance that ripples across the entire pool.

The backstroke flags bounce slightly in the moving air and the triangles of light dancing on the walls begin to make me feel slightly dizzy. I am content in my chlorine-saturated kingdom.

The pool is a picture of geometric symmetry. Eight lanes of the pool form a rectangle that sits beneath the triangular point of the stained-pine ceiling. Two clusters of windows hug each side of the score board, each cluster with four clear panes surrounded by six panes made up of 16 clouded squares. Rectangular banners with different school names, Clarkson, St. Lawrence, Colby, Amherst, etc, hang from the ceiling and wind their way around three sides of the pool area. In the onslaught of light, it's too much to take in at once.

The time clock ticks away as the swimmer rests in the shallows. The soft, regular gurgles of the pool lull me into a state of absolute peace. As the warm, moist air tickles sweat on my skin, I yank at the straps of my bathing suit. I begin to question my decision to swim.



Bristol Pool is home of the Hamilton Men's and Women's Swimming and Diving Teams and is the perfect place for a refreshing afternoon swim.

Should I join the swimmer and pound out lap after lap in the cold water or should I remain on my comfortable perch, queen of the pool? I know how good I will feel after a good, hard swim but I am so at peace watching the dancing light.

After a few more minutes of diving board meditation, I sigh heavily and ease myself off of the block. I slip on my flip-flops and gather my pink Nalgene, my pink swim cap, and my Speedo Vanguisher goggles. It's time to make the journey to the shallow end.

I saunter past the lifeguards with their noses in their books. Leaving my towel on a chair, I pull on my cap, shoving my hair underneath, and swing my arms a few times to prepare for the plunge.

I pull my goggles over my eyes, pressing lightly for suction, and stare menacingly at the shimmering surface. I leap, and as the cold water hits my body, I'm ready to move.

"Being There" attempts to capture the essence of a specific time or place through description. If you would like to share a "Being There," please email adragan@hamilton.edu.

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●12:25●2:40-4:55-7:10▲9:25 DTS PG-13

ROBERT DOWNEY JR. STADIUM SEATING
ZØDIAC
●1:00-4:10-7:20 JAKE GYLLENHAAL DTS R

NICOLAS CAGE #1 MOVIE 2ND WEEK!
GHOST RIDER
●12:05●2:30-5:05-7:30▲9:50 DTS PG-13

BRIDGE TO TERABITHIA
●12:00●2:10-4:20-6:30▲8:40 DTS PG

THE NUMBER 23 JIM CARREY
●12:50●3:00-5:10-7:25▲9:35 R

NORBIT EDDIE MURPHY
●12:10●2:20-4:40-7:00▲9:15 PG-13

RENO 911!: MIAMI
●1:25●3:25-5:25-7:40▲9:40 R

THE ASTRONAUT FARMER
●12:20●2:35-4:50-7:05▲9:20 PG

MUSIC AND LYRICS HUGH GRANT
●12:30●2:45-5:00-7:15 PG-13

THE ABANDONED ▲9:30 R

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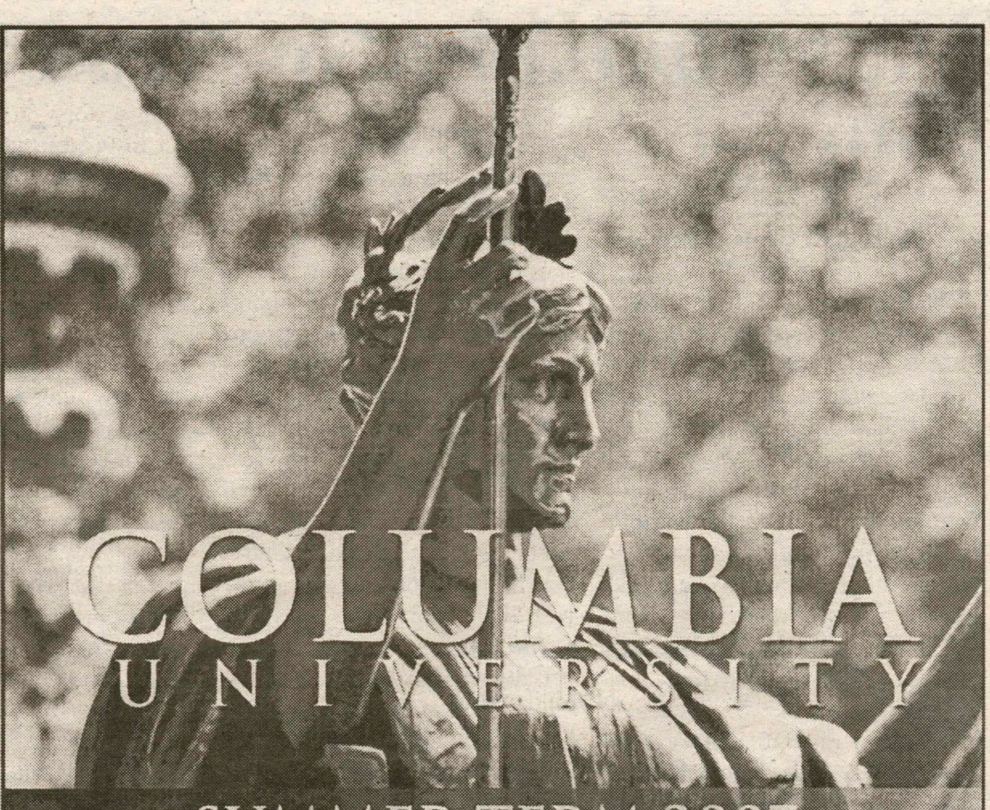

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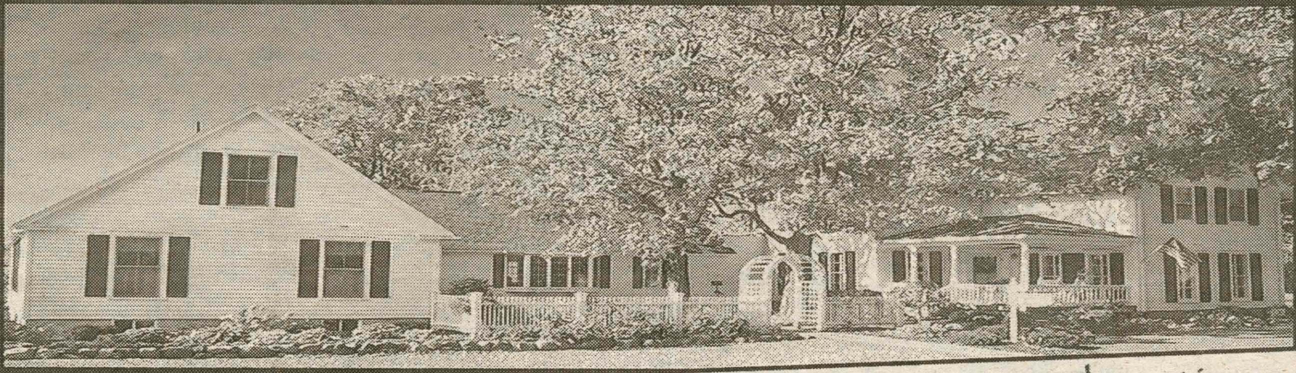

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Opinion: No Need to Sit on the Fence

By Matthew Crowson '09
Science & Technology Editor

Since the emergence of Darwin's theory of evolution, scientific and religious leaders have been at each other's throats in what has seemed to be a repetitive and futile argument.

It has not been until recent years that we have see some respected members in each field coming forth and proclaiming that science and religion can survive harmoniously. In fact, just last year Professor of Biology Kenneth Miller of Brown University came to campus to harp this same message in our very own chapel. Brown's main argument was that yes, science and religion can both survive amidst one another. This response, a mere compromise between the two heavily armed combatants, cleverly provides a false sense of closure for those of us looking for answers. If we can't decide who is right and who is wrong, why not declare that everyone is right so we can finally all be happy?

Sitting on the fence is a precarious position. While it would be nice to come to conclusion, passivity is not the answer. You simply cannot throw out proven facts and well-backed arguments to appease the masses. Imagine for a minute that this method of appeasement is how we come to verdicts in our various judicial systems. Upon finding a defendant guilty with substantial evidence, the judge resorts to letting the defendant go free on grounds that the defendant is not happy with the decision and the judge would rather not upset the perpetrator and her/his following. If this really were the case, we would certainly not get anywhere fast.

So, what is the answer – which side is right? As a baptized Anglican and biology major, I have seen both sides to the story. While I do not think it is right to dismantle religion, I believe that there are some fundamental concepts of life that religion has no business trying to explain.

With advances in technology and optics, we are now able to see life beyond Earth and accurately determine how our little place in the universe came to be. Stars collapsing, black holes and the birth of new solar systems have been in view of our satellites and telescopes. Lunar and Martian rovers have scaled the foreign landscapes of our two closest celestial neighbors and brought back rock and silt souvenirs to boot. In essence, we have seen with our own eyes that planets are not created in seven days. Plate tectonics, the process in which Earth's plates of rock drift independently about the Earth, took millions of years to arrange our planet in its current form. In addition, hard evidence of the earliest life forms has postdated asserted dates of the creation of our planet by nearly a billion years. The major rebuttal to these statements is that the Bible is not meant to be taken literally. What then, is the religious explanation for plate tectonics, prehistoric amoebas or planetary evolution in general? Was Genesis wrong? Does God instead take his time in making planets?

Another claim the book of Genesis makes is that humans were plopped down on Earth on a day. Darwin's theory of evolution, and other later discoveries in science, swiftly snuff out this claim. Humans descended from later species of primates through years upon years of evolutionary 'tinkering'. This claim has been backed by thorough genetic comparisons and studies. According to a National Geographic article from August 2005, humans are 96 percent the same as chimpanzees. If humans were so special as to get their own day during creation, why would we be made nearly identical as the lowly chimp? It is religious claims like these that do not line up with the observable reality and effectively shoot religious credibility in the foot.

There are some things, however, that science cannot explain. I am a firm believer that everything happens for a reason. I have experienced, as I am sure you have, situations in life that defy probability. Call it a miracle, call it lucky, call it whatever you want. For instance, a brother of a good friend from home was the only survivor of a vicious car crash five years ago, and he happened to be on the side of the car that sustained the worst damage. And, how often do we hear true stories (apparently) about heroic animals saving stranded or injured people from their impending doom? Watch Animal Planet for a day, and you will be convinced that there is a divine being watching over us in the form of a shaggy golden retriever.

Science and religion each have their own special niches. They can only survive in harmony if we accept that they are in place to explain completely different things. The trouble arises when people overstep the bounds of their belief to explain what is unexplainable by that belief.

Questions? Comments? Idea's for articles?
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specsciandtech.blogspot.com

Why You Should Care:
Where Have All the Cups Gone?

By Elijah LaChance '10
Science & Technology Writer

"I don't use paper cups – they're bad for the environment." I've been hearing people make this claim since my first week on the Hill, and there's sense to it. Using plastic cups that can be washed and reused at the dining halls on campus is by far the most environmentally friendly way to hold one's chocolate milk at Commons, McEwen or Bundy. Nevertheless, the problem of using plastic cups is, as Bon Appetit General Manager Patrick Raynard put it, "people leave with the cups and don't return them." When asked to estimate how many plastic cups disappeared each year, Mr. Raynard replied, "somewhere in the order of 6,000 cups per year."

Six thousand plastic cups – such a figure certainly makes me see why Bon Appetit balks at providing only plastic cups in dining halls – throwing away a paper cup is less waste than somehow disposing of a plastic one, not to mention less expensive. I wonder how many of our tuition dollars go into repurchasing these daily commodities every year. Honestly, though, the whole point of having plastic cups is that they are reusable. If people don't reuse them, what's the point?

But surely Bon Appetit is taking steps to curb this absurd wastage of natural resources. Unfortunately for the state of affairs, this reporter discovered firsthand how easy it is to divest our fine culinary establishments of ridiculous numbers of cups. I simply walked into Commons and loaded my arms with over fifty plastic cups. I walked out of the dining hall and no one said anything to me. I was so amazed I repeated the trick twice more at Commons and once at McEwen (I later returned all the cups, in case anyone was wondering). The long and the short of it is that one doesn't even need a good reason for taking cups out of the dining halls; all one needs is a means.

Such a figure begs the question: "Where do 6,000 plastic cups a year disappear to? What rooms, hallways or buildings at Hamilton are secretly filled with plastic drinking vessels? Who are the nefarious cup thieves that keep fifty cups apiece in their room to show allegiance? Are Keystone cans so cheap as to need to be immediately emptied into more reliable plastic substitutes? Or perhaps the cups are needed for games of Beirut played by the twelve-foot giants in Root Glen. Are these cups needed to hold up the architecture of our storied buildings? Perhaps Root Hall and Carnegie are only standing because of the strategic placement of a couple thousand cups – plastic is amazingly durable, I suppose.

Another possibility is modern art. OK, would the person at the Emerson Gallery collecting 4,000 identical plastic cups for their next and greatest masterpiece please step forward? How about the person collecting 1,600 to melt down for their new sculpture of a rapidly deteriorating planet being destroyed by senseless waste? Anyone… at all? Really, I swear if you tell me about your brilliant plan of displaying hundreds of cups with the residue of their contents inside as a substitute for not getting enough women for your Vagina Monologues project, I won't laugh… too hard.

I suppose there are also domestic uses for plastic cups… housing one's tadpole collection, for example. Also, talk about a great place to store condoms… the naturally open top means your rubbers would always be easily accessible. For those with small rooms, a few dozen cups could serve as a mini-garbage can system that easily fits into the nooks and crannies of a typical dorm room. They're also excellent projectiles – perfect for throwing at that creepy guy who keeps lurking around your room (probably got too many ideas from having his condoms in an easy-access plastic cup). Finally, for all those sorry souls too lazy to bring cups from home and not creative enough to think up original uses for the plastic vessels they abscond with, the cups also make very good… cups. Perhaps laziness and unoriginality go together.

So, whether you're using these cups as complex traps to catch the beetles that keep crawling along the inside of your dorm windows on the Dark Side or as weights to press your shirt collars precisely upright on the Light Side, I'm sure one thing we can all agree on is that there should be no reason for Bon Appetit to need to buy so many new plastic cups each year. Such a large amount of waste from a system that should promote reuse and sustainability is truly a saddening situation, and it is blunders and inconsistencies like this one that make me feel Hamilton's environmental policy is far from consistent and far from green. Regardless of where the cups are now and what extremely important purposes they are doubtless fulfilling, there is only one place they belong: back at the dining halls. Take a few moments and bring 'em back.

Don't miss this upcoming Biology Seminars

March 5th

Dr. Thomas McCarthy, Biology Dept., Utica College.

"Exploring implications of the risk allocation hypothesis."

All Biology Seminars are held in Science Center G041 at 4:10 p.m.

Weekly Charts

by Nicole T. Dietsche '09
Arts & Entertainment Editor

MUSIC
(From iTunes)

Top Albums
1. Music and Lyrics Soundtrack - Various Artists
2. Infinity On High - Fall Out Boy
3. Daughtry - Daughrtry
4. Corinne Bailey Rae - Corinne Bailey Rae
5. Continuum - John Mayer

Top Songs
1. This Is Why I'm Hot - Mims
2. Break It Off - Rihanna and Sean Paul
3. Don't Matter - Akon
4. This Ain't A Scene, It's An Arms Race - Fall Out Boy
5. Cupid's Chokehold - Gym Class Heroes

MOVIES
(Yahoo! Box Office Charts)
1. Ghost Rider
2. The Number 23
3. Bridge to Terabithia
4. Reno 911!: Miami
5. Norbit
6. Music and Lyrics
7. Breach
8. Tyler Perry's Daddy's Little Girls
9. The Astronaut Farmer
10. Amazing Grace

BOOKS
(From The New York Times Best Seller List)

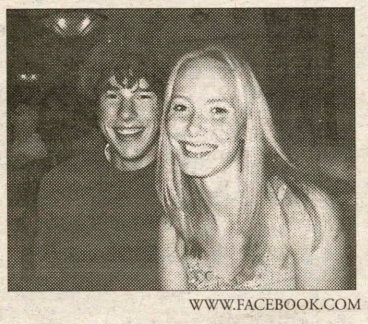
Paperback Fiction
1. THE MEMORY KEEPER'S DAUGHTER, by Kim Edwards
2. THE HOUSE, by Danielle Steel
3. IRISH DREAMS, by Nora Roberts
4. MOST LIKELY TO DIE, by Lisa Jackson, Wendy Corsi Staub and Beverly Barton
5. THE DIVIDE, by Nicholas Evans

Paperback Non-Fiction
1. THE MEASURE OF A MAN, by Sidney Poitier
2. THE GLASS CASTLE, by Jeannette Walls
3. DREAMS FROM MY FATHER, by Barack Obama
4. EAT, PRAY, LOVE, by Elizabeth Gilbert
5. THE FREEDOM WRITERS DIARY, by the Freedom Writers with Erin Gruwell

WHCL 88.7 Show Profile

This Week's Show: The X-Viper Hour with D.J.s Phill Hoying '09 & Victoria Jenkins '09
Sundays 5:00-6:00 p.m.

by Tom Helmuth '09
Arts & Entertainment Contributor


WWW.FACEBOOK.COM

Want to hear something other than pop and hip-hop coming through your radio? Then listen to Hamilton's own WHCL. Want to hear something other than indie rock, world, punk, jam, classic rock, metal or jazz coming through WHCL? Then listen to "The X-Viper Hour," with Phill Hoying and Victoria Jenkins.

"The X-Viper Hour" is an hour devoted to radio of the 30s, 40s, and 50s when life was slower and radio was the television for the mind. This period is widely recognized as the golden age of radio, when listeners could turn on the radio and hear shows in any genre: news, weather, sports, music and shows that represent the equivalent of primetime on TV. There were comedies, westerns, dramas, mysteries, sci-fi and variety shows.

Hoying and Jenkins enjoy playing a wide range of recordings from shows in this era. Although the recordings are different from much of what you hear on the radio, the other half of "The X-Viper Hour" is what makes it unique to WHCL and much of the radio: they put together a cast of actors to perform a radio script live on air.

This past Sunday was the first show on which they performed a live radio drama. Hoying and Jenkins hosted about five other actors to perform "Sorry, Wrong Number" written by Barbara Stanwyck. "We had a great time performing and people who listened to it really liked it," explained Hoying.

Hoying and Jenkins were originally planning on only presenting live dramas every few weeks, but after the success of their first show, they've decided to try to present at least one live show each week. This coming Sunday they will be presenting "The Thin Man," starring Professor Rob Kolb as Nick Charleston. "Toward the end of the semester, we hope to produce a show acted entirely by professors," said Hoying.

Hoying works for the *Alumni Review*, where he has discovered some recordings of the Hamilton Choir that were broadcast on ABC during the '40s. They plan on airing this material sometime in the near future.

The unique name of "The X-Viper Hour" comes from playing Perquackey, a word game with dice. If you are interested in hearing some wonderfully old-time radio, make sure you catch "The X-Viper Hour" on Sunday evenings from five to six.

As always, you can tune in to WHCL on your radio at 88.7 FM or online at www.whcl.org.

Rise Against Brings Politics Into Their Music

by Nicole T. Dietsche '09
Arts & Entertainment Editor

In the 1980s, to be considered "punk" meant something. You were that kid who was actively involved in not only the music scene, but also liberal politics. These days, to be considered a punk doesn't really mean the same thing as it used to. You might be casually familiar with the liberal politics behind the movement, but not really involved. Rise Against is a band that practices what they preach.

Born in Chicago in 1999, Rise Against (Tim McIlrath – guitar/vocals, Joe Principe – bass/vocals, Brandon Barnes – drums and Zach Blair – guitar) is not a band that sits idly by and watches what's going on in the world.

Politically active since their first album, *Revolutions Per Minute*, Rise Against is also involved with activist organizations such as PETA, Global Inheretance, Democracy Now, Greenpeace and others.

The members of the group are all vegetarians and are staunchly against animal cruelty, especially cruelty that is inherent to factory farms and sport hunting. The video for their first single, "Ready to Fall" from their latest album, *The Sufferer and the Witness*, shows images of environmental degradation. At the end of the video, lead singer, McIlrath states: "Every action has a reaction. We've got one planet, one chance."

WWW.RISEAGAINST.COM

Rise Against bring their liberal political ideas to life through their music.

Rise Against is currently on tour opening for My Chemical Romance on their headlining tour. When playing "Ready to Fall," clips from the music video were projected out onto the wings of the stage, adding to the emotional impact of the song.

Besides being involved with these organizations, Rise Against also uses their videos, in particular "Prayer of the Refugee," to promote free trade. On their website, they claim to have similar views toward President Bush as Fat Mike of NOFX who notoriously is not a Bush fan (which may be a bit of an understatement).

Rise Against is putting meaning back into being a punk band. They are raising awareness about global issues and creating more informed fans in the process and encouraging them to become involved in the issues that affect everyone.

Wounded But Recovering

by Ashley Stagner '09
Arts & Entertainment Writer

Bayside is a good band to listen to no matter how you feel because their song styles range from pop-punk to depressing emo rock. Trying to compare their sound to other bands is incredibly difficult—I have been racking my brain trying to think of other bands, but all I end up with is: Panic! At the Disco meets AFI meets Motion City Soundtrack meets Smashing Pumpkins. That is as close as I can get. Oh, and for one song they have a hint of Dropkick Murphys.

The reason for my difficulty is explained by lead singer and guitarist Anthony Raneri: "I really wanted to step it up, so I listened to everything from Broadway tunes to classical music, and I noticed how much thought goes into all this music. I wanted to try my hand at creating all the extreme highs and lows, with lots of changes in the songs, instead of churning out quick-to-the-point pop songs. Certainly some of those songs are on the record, too, but I definitely wanted to burst out creatively, too."

Bayside comprises of Anthony Raneri (vocals and guitar), Jack O'Shea (guitar and vocals), Nick Ghanbarian (bass), and Chris Guglielmo (drums). The band formed in the winter of 2000 in Long Island, and immediately began touring. They released their first EP *Long Stories Short* in 2001, and continued touring through 2002 including a brief period on the 2002 Vans Warped Tour.

The band released their second record on Dying Wish Records in the spring of 2003. That same year Bayside signed with Victory records and released their debut album *Sirens and Condolences* in 2004.

Tragedy struck on October 31, 2005 when in Cheyenne, Wyoming, Bayside's tour van skidded on ice, went off the road, and flipped over. Then drummer John "Beatz" Holohan died and Ghanbarian was seriously injured. Raneri and O'Shea escaped with minor injuries.

Due to popular demand, an acoustic album was released. This album includes the song "Winter" which is a tribute to Holohan. Interestingly, Bayside only spent two days at the Chicago Recording Company recording the record.

Bayside is currently touring with Anberlin, Meg & Dia and Jonezetta, and a U.K. tour is planned to begin in April.

Their latest album is *The Walking Wounded*, and just came out on February 7. The album debuted at number 75 on the Billboard 200, and the first single to be released is "Duality." The album is about persevering over the emotional and physical scars in life.

Raneri explains, "What we mean by 'Walking Wounded' is to reflect on all kinds of survivors, not necessarily what we survived. Everybody gets wounded at some point or another as they go through life. Most of this record is about keeping your head up and getting through tough situations. Everybody has to get over being wounded."

"This record is the next progression in the story of our lives. We already figured out what went wrong and why. Now it's about discovering what makes you happy, then going out and doing it."

Bayside is noted for their "emotional intensity, lyrical honesty and solid musicianship," and this is clearly evident in their latest album. My personal favorite song on the album is "Duality," which now has a music video to accompany it. "Duality" begins simply with vocals and guitar and then progresses to the chorus. Intermixed during the song are lulls in which Raneri asks, "Is there anybody out there? / Is there anybody calling?" The song has a strong punk feel and does sound at some parts quite similar to MCS, but the song is amazingly catchy with a fantastic beat that keeps your toes tapping.

To me, the best part of the song are the lines, "Some say / It's all fate / But I say we control our lives / And if my destiny should out best me then that's fine. / I made believe thrill and apathy don't exist in me fairly equally / But truth is after all I got, call mine." I enjoy Raneri's acceptance that if he is wrong about fate and destiny, then he is wrong; it's no big deal. Just like the chorus says, "No telling what tomorrow holds. / Who let, who let this feeling die, when all I did was try? / Who let, you let this feeling die, I can't get you out of my head, my head. / Your the flame that burns me so I know that I'm still alive," I can't get this song out of my head.

Raneri describes how Bayside feels about the song, "We feel it's the most immediate song on the album. I looked back at singles that have instantly turned people on to the new bands, something that says, 'Here we are, get ready!' Singles that had such an effect on me are Nirvana's 'Smells Like Teen Spirit' and Foo Fighters 'Monkey Wrench.' They're attention-grabbers that instantly kick in and make people feel they've been missing the boat by not listening to the bands."

My other favorite song on the latest album is the title track, "Walking Wounded," that has an amusing accordion in the back ground for some parts of the song. Yet, even with the accordion, this song is very fast and forceful. This song is more general rock than the pop-punk "Duality," and features an impressive guitar solo and strong vocal. The lyrics, too, are impressive: "Scientists they couldn't fix me / I'm so tired of getting out of bed / But who would want to die as a cowardly little child? / When our time is up, will we be ashamed or proud?" That is the question, Raneri.

Bayside is an up and coming band that is destined for success, so get ahead of the others and listen to them now.

WWW.MYSPACE.COM/BAYSIDE

In the last year and a half, Long Island's Bayside has overcome death and adversity to create a brand new masterpiece, *The Walking Wounded*.

The 2007 Oscars

by Alex Ossola '10
Arts & Entertainment Writer

The Seventy-ninth annual Academy Awards took place in Los Angeles last Sunday and were chock full of glamour as always, but with few surprises as far as the winners are concerned.

WWW.VIBE.COM

Jennifer Hudson, though snubbed on *American Idol*, graciously accepted the Oscar for Best Supporting Actress at this year's Academy Awards. Take that, Simon.

With Ellen Degeneres as the host, the show was filled with (mostly) inoffensive jokes and a surprisingly casual atmosphere that was juxtaposed against the stars' avant-garde attire. The TV-turned-Oscars host did comment on the number of foreigners nominated for awards, as Mexican flags waved by the contributors to *Pan's Labyrinth*, the drama/fantasy/SciFi thriller, accented the already colorful crowd.

Despite the internationalism of the nominees, the majority of the winners of the highly coveted awards were from the United States.

Little Miss Sunshine won the award for best writing and Alan Arkin won best supporting actor for his role in the same movie.

Al Gore, who will be speaking here at Hamilton in April, accepted the award for best documentary for *An Inconvenient Truth*, his hard-hitting film about global warming and climate change.

Jennifer Hudson, a losing contestant on *American Idol*, ironically took home the Oscar for best supporting actress for her role in *Dreamgirls*.

However, the big winner of the night was Martin Scorsese's *The Departed*, which was shown here on campus last weekend. *The Departed* brought home a whopping four Oscars from two of the most desirable categories, for best directing and best picture. This was Scorsese's eighth nomination in the category of best director and his acceptance of the award could only be described as enthusiastic and grateful. The critical acclaim of *The Departed* as well as of other crime and suspense films, such as *The Good Shepherd*, show that the American and international audience never tires of the crime thriller genre.

The Academy, however, has evidently taken a more liberal turn, as the now-infamous *Brokeback Mountain* was nominated for several awards last year and the openly-homosexual Ellen Degeneres was the host for this year. The Academy only promises to become increasingly open-minded as films more directly confront hard-hitting issues of today's world.

Love music, movies, television, art or theatre?

Then write for A&E!

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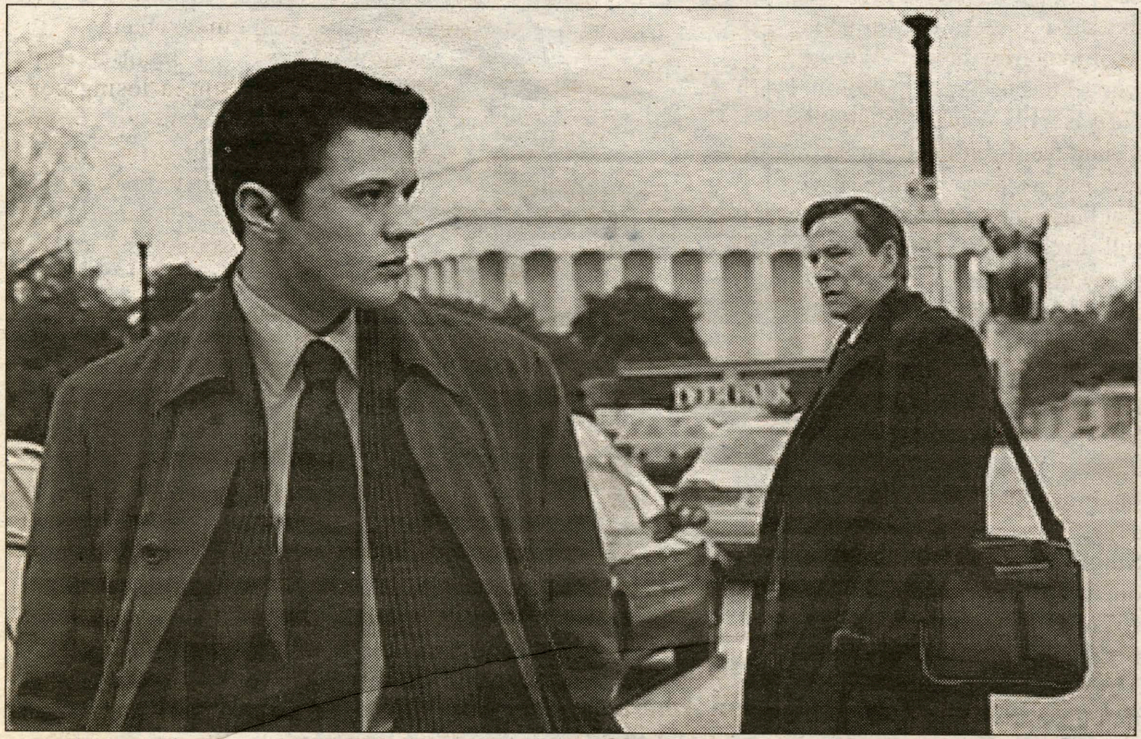
Breach: Success or Failure?

by Rebecca Griffin '09
Arts & Entertainment Writer

Robert Hanssen is widely believed to have been the worst spy in history of the United States government. *Breach* tells the true story of the FBI's every move. Originally, Special Agent Kate Burroughs, played by Laura Linney tells O'Neill that they are investigating Hanssen because of sexual harassment complaints.

However we soon learn that there's much more to the story family. At times it is easy to identify with the traitor. Phillipe also does an excellent job of playing a man whose life was torn apart by his job.

Breach also has some funny bits especially for those who appreciate political humor or



WWW.POST-GAZETTE.COM

Ryan Phillipe and Chris Cooper star in *Breach*, the movie about the real life story of the United States' worst security breach ever.

attempts to bring down Hanssen, brilliantly portrayed by Chris Cooper. Ryan Phillipe plays Eric O'Neill, who is anxious to bring down Hanssen and achieve his goal of becoming a full-fledged FBI agent.

The film begins a few months before Hanssen's arrest when he begins his new job as head of the Information Assurance Division. O'Neill is brought in by the FBI to act as Hanssen's clerk. He gains his trust in order to spy on his and it is revealed that Hanssen is actually a mole for Russian intelligence and has been for almost a decade. This new information becomes a conflict for O'Neill: he wants to serve his country but he is torn about betraying a man whom he now respects and even considers his mentor.

The movie is well acted. Chris Cooper's manages to portray Hanssen as radical while still including his intelligence and devotion to religion and dry wit. The only fault in the movie is that the story line is slightly pedestrian. There are no twists and turns, and there is no real suspense to the storyline which unfolds exactly as expected. It just lacks the energy or excitement needed to draw the viewer in, and it fails at the end to pack that final punch. However, for those looking for a spy movie that relies on the story rather than cheap thrills and action, *Breach* delivers.

CAB Comedy Presents: Doug Benson in the Barn

by Nicole T. Dietsche '09
Arts & Entertainment Editor

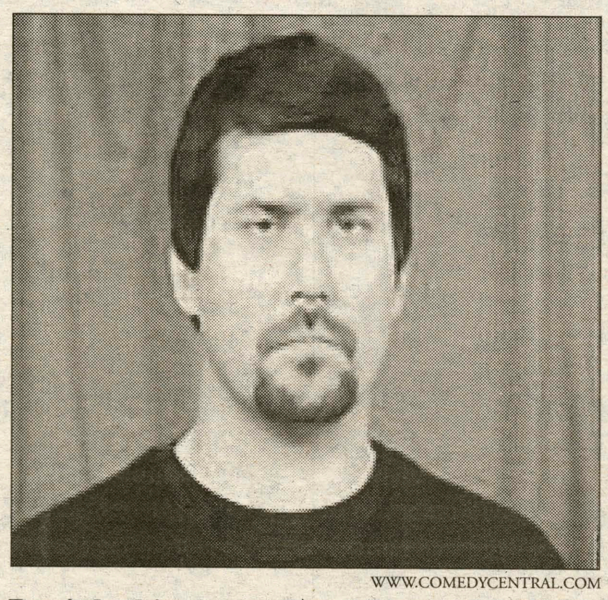
CAB has obviously worked very hard this semester to get good comedians on campus for your entertainment pleasure.

A few weeks ago, we had Christian Finnegan from Comedy Central. This week, CAB presents yet another Comedy Central funny-man, Doug Benson.

According to www.comedycentral.com, "Doug Benson is a writer/stand-up comic/actor/idiot." Some of his comedic achievements: *The Late Late Show with Craig Kilborn* and *Premium Blend* as a stand-up comic; and *Friends* and *Curb Your Enthusiasm* as an actor. He also tours wih the show The Marijuana-Logues which he co-wrote.

When Benson comes to campus this Saturday, he will be perfroming his stand-up routine, which is sure to bring down the house. Benson will be joined by a special guest (no word on who it will be yet).

Benson will perform this Saturday at 8 p.m. in the Fillius Events Barn. Come out for a good laugh!



WWW.COMEDYCENTRAL.COM

Don't let his cheery face fool you, Doug Benson is one seriously funny guy.

Top Ten Music Videos on Youtube

by Nicole T. Dietsche '09
Arts & Entertainment Editor

Maybe it's just because I like to make lists, or maybe it's because I think that music videos are one of the most creative art forms, but here is a list of the top music videos you will most likely find me playing while working in the *Spectator* office (which I do quite often).

1. *Push Button* by Stolen Babies - Graphic novelist Crab Scrambly created the set on which the band performs. This set makes the band's macabre carnival sound a visual reality.

2. *Coin-Operated Boy* by The Dresden Dolls - Drummer Brian Viglione is the coin-operated boy who is singer/pianist Amanda Palmer's dream-man. It's sweet in a twisted kind of way.

3. *Girl Anachronism* by The Dresden Dolls - I really like this song as it is, but then the video, which stars Palmer as the girl anachronism, makes it that much better.

4. *Meds* by Placebo - There are multiple moments in the video where the world becomes distorted in drug-induced, comical ways that relate well to the song.

5. *Famous Last Words* by My Chemical Romance - This video is just a band performance video, but the raw emotion is amazing. The song is spectacular as it is. Also, if you find the longer version, you can witness the part where drummer Bob Bryar runs from his flaming drum kit to examine his third-degree burnt leg.

6. *Liar (It Takes One To Know One)* by Taking Back Sunday - Basically the entire video is pictures drawn out by a lie detector machine. The artistic quality of the video amazes me every time.

7. *Metro* by The Vincent Black Shadow - The song plays scenes of band performance spliced into a horror movie. Combine two awesome things; cabaret punk and horror movies, and you've got yourself a winner.

8. *It Ain't A Scene, It's An Arms Race* by Fall Out Boy - It is funny that Patrick Stump can't enunciate or dance, and that characters from previous FOB videos all reappear, as well as Seth Green. And who doesn't love Seth Green?

9. *Little Razorblade* by Pink Spiders - There's some really cool roller-skating-break-dancing in this video. I didn't think it was possible to break dance while on roller skates, but this video proved me wrong. I also learned about that alternate universe in the clothes dryer at the laundromat where the Pink Spiders are having a perpetual concert and party.

10. *Counting 5-4-3-2-1* by Thursday - Geoff Rickly is being chased by a train and the memory of his wife (who is played by his real-life wife in the video). The CGI-ed train is really awesome, as is the song.

Okay, so I can never actually stop at a "Top Ten," and "Top Eleven" sounds horrible, so here's an extra video for your viewing pleasure.

***Bonus* *Sheena is a Parasite* by The Horrors - The stobe lights and intestinal attacks (watch it and you'll understand) give the video a wonderful horror movie vibe. Plus, The Horrors are just a really awesome band.**

A Surprising New Twist On Art: Alex Pardee

by Nicole T. Dietsche '09
Arts & Entertainment Editor

Modern art is one of those things that either speaks to you or it doesn't. People can spend hours standing in front of a black canvas painted white in the Museum of Modern Art contemplating the artist's motivation and emotions while others think that it was pretty much just a waste of paint.

Not all good modern art, however, is recognized in dusty old museums. Just like there are more ways than ever for musicians to publicize and promote their work, artists are also no longer limited to the traditional ways of getting their work out there. In a generation fueled by the internet and word of mouth, artist Alex Pardee is a prime example of this modern age mentality and initiative.

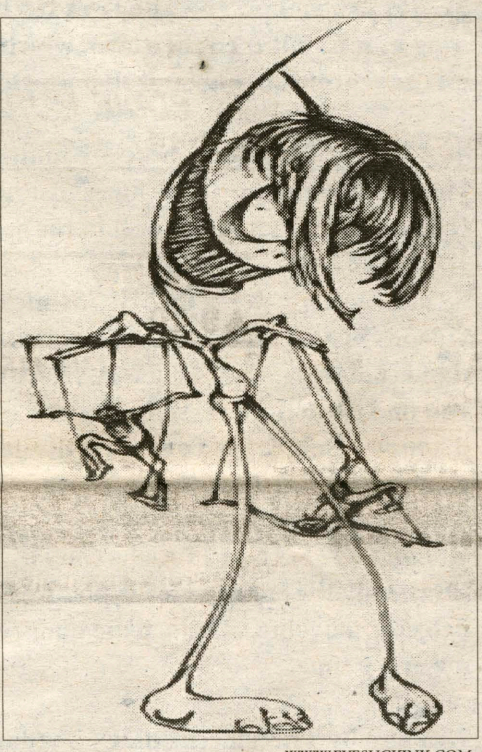
Californian artist Alex Pardee produces art that looks like the remnants of a circus sideshow. His combination of graffiti writing, grotesque images, vivid colors, random shapes, conflicting moods, and the influence of horror movies and gangster rap all come together to create art work that is urgent and disconcerting.

After dealing with severe anxiety and depression, Pardee found art was a useful form of therapy. With the help of a photocopier, Pardee created a buzz around his work by distributing it throughout the Bay Area in magazines in waiting rooms and public bathrooms. In 1999, Pardee professionally reprinted these sketches in his first book, *My Book of Colors*.

Refusing to slow down, Pardee has also created more books of art such as *The Secrets of Hollywood*, and his *Bunnywith* series.

Bunnywith is a series of deformed rabbits, such as Bunnywith Job Interview (wearing a suit and tie), Bunnywith Steroid Abuse (a ridiculously muscled rabbit), that has recently been turned into a plush line. Pardee has worked for years to create an entire universe of creatures, characters and monsters that can be found on his website, www.eyesuckink.com.

Also among his plush series, there is Harm: a rabbit who can only tell the truth and is ultimately ripped apart by his owners because of this and consequently pulls himself, painfully, back together each time -- and Beezle and Bubb – two separate characters representing Pardee's furry idea of Beelzebub.



WWW.EYESUCKINK.COM

Alex Pardee's art is unlike anything you've ever seen before.

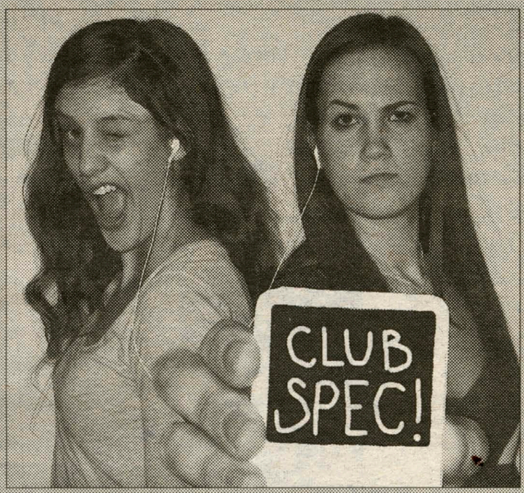
Pardee's emotionally-charged art gained the attention of Twenty Twenty Skateboards, Hurley International, Freeze Management, Warner Brothers and Reprise Records. In 2004, Pardee designed the artwork and merchandise line for The Used's album *In Love and Death*. He also was asked to participate in the design of the band's website and the music video for the single "All That I've Got." Last year, Pardee created the artwork for the official Taste of Chaos event shirt.

This past year, Pardee partnered up with The Used again to do the artwork for their CD/DVD, *Berth*.

His unique and bizarre characters and artwork can be found almost anywhere in the Bay Area, where he uses walls as his canvas, but, in more legal ways, can also be found in galleries and other art shows on the West Coast. His art can also be found online at www.mypace.com/alexpardee or at his deviantART page, www.alexpardee.deviantart.com.

Hamilton Playlist (non-emo version)

by Melissa Balding '09
Editor of Photography
& Lauren Moon '09
Editor of Photography



Hey Emo kids!

We decided that the days before spring break should be spent gettin' down and shaking your tail feather/laughy taffy like a salt shaker. That's why this week's playlist has been renamed "Club Spec." So instead of crying yourself to sleep every night, you can tire yourself out... by dancing your t*t$ off.

1. "Get up off That Thing" by James Brown.
Before you can run you must walk, and before you can dance you must "insert song title here." The legendary late James Brown offers sound shakin' it advice to dance away your midterm sorrows.

2. "Once Again" by Girl Talk
This DJ/techno artist mixes Ludacris and Bittersweet Symphony in a sick nasty track that some people would call more warped than the humor of The Daily Bull.

3. "San Francisco Dreaming" by The Global Deejays
Global Deejays mix "California Dreamin'" by the Mamas and the Papas and "San Francisco" by Scott McKenzie together into a 10-minute base banging ecstasy induced journey into the 1970's. Ya dig?

4. "One More Time" by Daft Punk
We thought you needed to hear this song more than one more time...one more time... actually, how about infinitely more times.

5. "Walking on Broken Glass" by Annie Lennox
Editors note: The Spectator does not endorse walking on broken glass but does support getting' jiggy to the song of the same name.

6. "Multiply" by Jamie Lidell
Aside from being a great tune to groove to, Multiply exemplifies that thin line between insanity and brilliance... plus Jamie Lidell played here – thumbs up!

7. "Get It On" by T-rex
We know you know this song, you just don't know you know it. Common interpretations of the lyrics include "Get it on, donkey kong" or "Get it on, when you're wrong" ... but the ACTUAL lyrics: "Get it on, BANG A GONG," are just as good.

8. "Marvo Ging" by Chemical Brothers
Every great playlist needs a sing-a-long song, and because this one has no words we decided this is just that choice. It's also both of our ring tones... 'cause it's THAT good.

9. "Sexy Back" by JT
You know who JT is. You know his face, his moves, his beats, and why this song makes our list. So.. take it to the next song! (YUUUP)

10. "Sing Sing Sing" by Benny Goodman
Should be retitled "Dance Dance Dance" 'cause that's what you want to do when you listen to this song, more commonly known as the Chips Ahoy! theme.

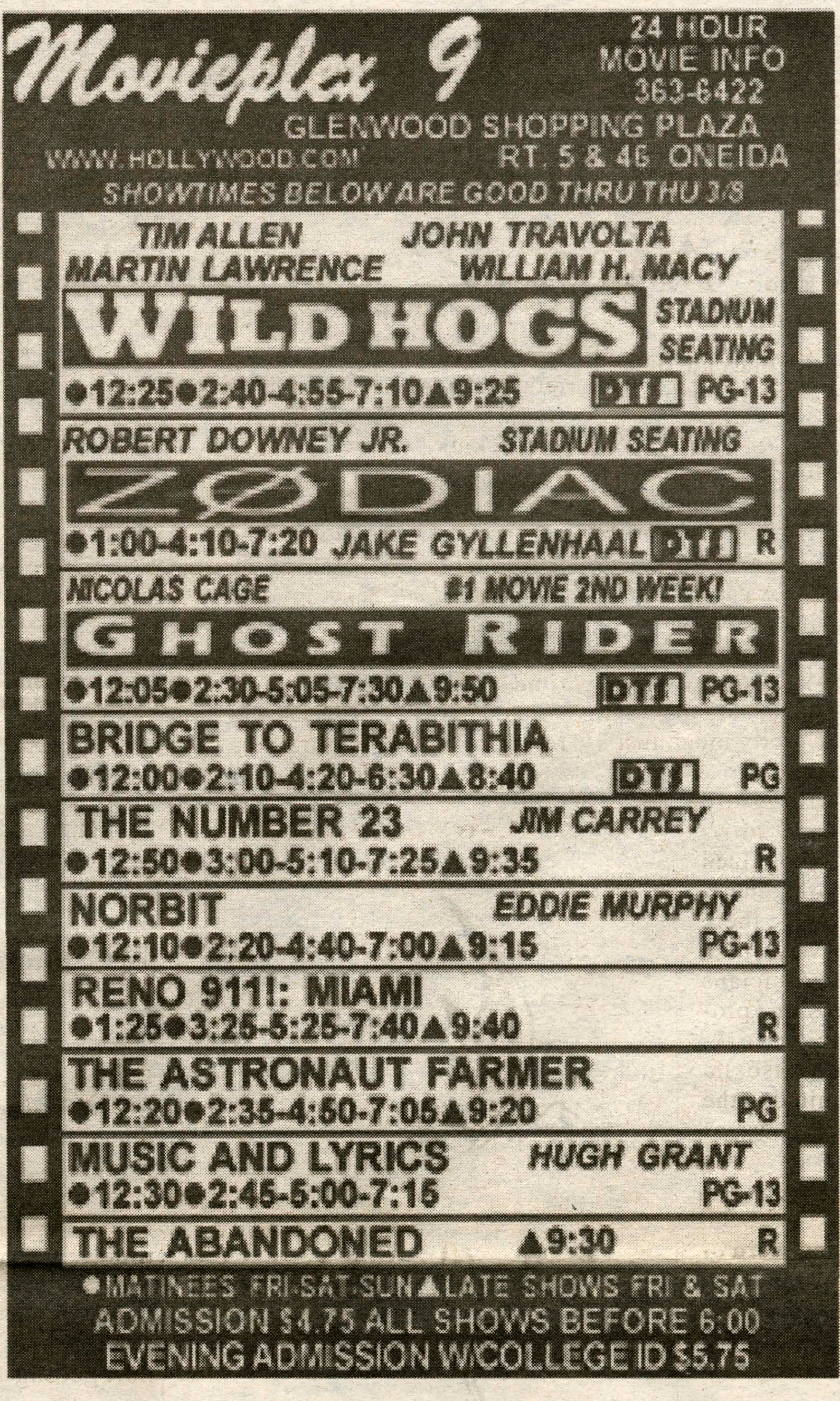
11. "Bodyrock" by Moby
We encourage you to "Rock y'all", and please don't ever think to "stop y'all" to this stellar "beat y'all" because, after all, this is "bodyrock y'all".

12. "Dragostea Din Tei" by the Ozone
Aka: the Numa Numa song. Aka: that Romanian thing. Aka: So Eurotrash, yet so good. Editors note: If you need more overseas shenanigans check out the music video.

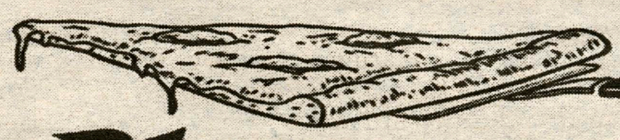
13. "Dancin' With Myself" by Billy Idol
Because Moon likes to turn this song on 80 decibels and dance around her room using a hairbrush as a microphone. And after you illegally download all these songs we hope you do the same.

So we decided to end on lucky number 13. However, there are a few radtastic beats that fell to our cutting room floor. GET DOWN TO 'EM ANYWAY:
"Ghostwriter" by RJD2, "Seventeen Years" by Ratatat, "Red Alert" by Basement Jaxx, "Tra La La" by Gunther, "Soccer Practice" by Gay Pimp

FRIDAY Irish Happy Hour- Donal O'Shaughnessy/ drink specials
SATURDAY-BLUE,BLUES and BBQ /pitchers of Labatts Blue, $5.00
Live Blues band-Bernie Clark and the Rhythm Sharks



FREE PIZZA 'TIL MAY



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CURED OLIVES	1.50/1.75	ROASTED PEPPERS	1.50/1.75
PORTOBELLO MUSHROOMS	2.25/3.25	CHERRY PEPPERS	1.00/1.75
SPINACH	1.00/1.75	PINEAPPLE	1.50/2.50
SUN DRIED TOMATOES	1.50/2.50	CHICKEN BREAST	2.25/3.25
RICOTTA	1.95/2.95	BROCCOLI	1.50/2.50
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ZUCCHINI, BROCCOLI, SWEET PEPPERS, MUSHROOMS, ONIONS, BABY CARROTS, SUGAR SNAP PEAS, GREEN BEANS, SUN DRIED TOMATOES, EGGPLANT & MUSHROOMS IN A BALSAMIC MARINADE, W/ROMAINE, TOMATOES & FETA CHEESE.

THE ITALIAN STALLION
CAPPICOLA, SALAMI, ASIAGO CHEESE, ROASTED PEPPERS, FRESH ROMAINE LETTUCE & SLICED TOMATOES WITH OUR SUN DRIED TOMATO VINAIGRETTE.

CHARLIE TUNA
ALL WHITE MEAT TUNA MIXED W/MAYO, CELERY, & A BIT OF SWEET PICKLE RELISH, TOPPED W/ROMAINE, CHEDDAR CHEESE & THINLY SLICED CUCUMBER.

EGGPLANT PARMIGIANA SANDWICH
FRESH EGGPLANT CUTLETS, BREADED & FRIED, LAYERED WITH OUR FAMOUS TOMATO SAUCE, IMPORTED PECORINO ROMANO & GOBS OF MOZZARELLA.

EGGPLANT PARMIGIANA DINNER
AS ABOVE SERVED W/GARLIC BREAD FULL: $7.95 HALF: $4.9

"FRESH SALADS"
(SERVED W/GARLIC FOCACCIA BREAD)
(ADD A GRILLED CHICKEN BREAST TO ANY SALAD FOR AN ADDITIONAL $3.95 FOR FUL SIZE SALADS OR $2.00 FOR SIDE & MINI SIZE SALADS)
FRESH GARDEN SALAD FULL: $7.50 SIDE: $4.50 MINI: $2.5

PENNE PASTA SALAD FULL: $7.95 SIDE: $4.50 MINI: $2.5
IMPORTED PENNE' W/BROCCOLI FLORETS, ROASTED PEPPERS, SUGAR SNAP PEAS, SU DRIED TOMATOES, ZUCCHINI, PEPPERS, EGGPLANT, MUSHROOMS, OLIVES & MORE ALI TOSSED WITH OUR OLIVE OIL-ROMANO CHEESE DRESSING.

CAESAR SALAD FULL: $7.95 SIDE: $4.50 MINI: $2.5
FRESH ROMAINE LETTUCE, TOMATOES, CUCUMBERS & HOMEMADE CROUTONS TOSSED W/OUR OWN HOUSE CAESAR DRESSING.

MARINATED VEGGIE SALAD FULL: $7.95 SIDE: $4.50 MINI: $2.5
FRESH BROCCOLI, SUGAR PEAS, GREEN BEANS, BABY CARROTS, EGGPLANT, ZUCCHINI, ROASTED PEPPERS, SUN DRIED TOMATOES, ONIONS, MUSHROOMS & MORE IN ZESTY BALSAMIC MARINADE W/KALAMATA OLIVES & FETA CHEESE.

HOUSE ANTIPASTO FULL: $9.95 SIDE: $5.95 MINI: $3.9
ROMAINE LETTUCE, TOMATOES, ASIAGO CHEESE, IMPORTED SALAMI, KALAMATA OLIVES, RED ROASTED PEPPERS, PEPPERONCINI, CECI BEANS, SLICED CUCUMBERS & CAPERS WITH OUR BALSAMIC VINAIGRETTE.

SWEET SPRING MIX SALAD** FULL: $9.95 SIDE: $5.95
FRESH BABY FIELD GREENS, ORANGE & GRAPEFRUIT SEGMENTS, CREAMY GOAT CHEESE & TOASTED WALNUTS W/RASPBERRY VINAIGRETTE DRESSING!

FRESH SPINACH SALAD** FULL: $9.95 SIDE: $5.95
FRESH PREMIUM SPINACH, GRAPE TOMATOES, HARD COOKED EGGS, HICKORY BACON FRESH RAW MUSHROOMS, ARTICHOKE HEARTS & IMPORTED FETA CHEESE WITH OUR TASTY SUNDRIED TOMATO VINAIGRETTE DRESSING.
SPRING MIX & SPINACH SALADS SUBJECT TO AVAILABILITY

Come in and sample our famous original style pizza, gourmet specialty pizzas, Buffalo style and exotic specialty chicken wings, daily specials, great homemade soups, salads, "The best sandwiches in the universe" & sinfully delicious homemade desserts.

MLB: What to Look for in Spring Training '07

by Sean Hopper '09
Sports Writer

So begins another season of Major League Baseball. It's been four months since the St. Louis Cardinals won the World Series, and the rest of the league looks to achieve the same goal this season. Spring Training is an early indication of how the teams will perform and will also invoke roster cutes, promotions and position battles. Here are the eight teams to keep an eye on during Spring Training.

American League:

1) New York Yankees: There's never a season without drama in the great city of New York. This season is no different because of the recent speculation about Derek Jeter and Alex Rodriguez's bad off-field relationship. The media will probably focus on this rather than the fact that the Yankees lost Bernie Williams, Gary Sheffield and Randy Johnson. Andy Pettite will replace Johnson, not to mention the possibility of phenom Philip Hughes coming to pitch in the Bronx.

2) Boston Red Sox: Everyone is looking at Daisuke Matsuzaka, the 25-year-old Japanese pitcher for whom Boston bid $50 million. His addition alone adds a whole new fan base plus a possible ace in the making. Boston will have a great rotation this year. Watch for it, they could be scary. But who's going to close? With Papelbon moving to SP no one is sure. Look for a closer battle between Joel Piniero and Mike Timlin.

3) Detroit Tigers: No one saw them coming last year, was it a fluke? Could they get back to the World Series? There's a good chance: the same team is intact, except they added slugger Gary Sheffield in the off season. They have a great rotation, but they also have a good influx of youth. Watch for SP Andre Miller, last year's number one pick for the Tigers, to win a spot at the end of the rotation.

4) Cleveland Indians: Why the Indians you ask? Well even though they are in a very tough division there is good reason to watch them. The Indians amassed the smallest run differential in games last year. This statistic should have dictated a much better record than they actually had. After missing the Playoffs the last couple years, this very young but experienced team is ready to get better. Both the rotation led by ace C.C. Sabathia and hitting led by wonder boy Grady Sizemore make them an exciting team to watch.

National League:

1) St. Louis Cardinals: The World Series Champs come back as a very similar team with something to prove. Albert Pujols is still the best player in baseball, but players like Scott Rolen, Jim Edmonds, and Jason Isringhausen are all injury prone and could fall during Spring Training or during the season. Look for playoff hero Adam Wainwright to transition well from closer to starter, but if anything happens to Isringhausen he'll end up back in the closer's role. If there are multiple injuries it will be interesting to see who steps up for them.

2) San Francisco Giants: I know, big surprise. As much as everyone dislikes Barry Bonds, he still draws crowds. Unfortunately for the Giants he's the only reason I'm bringing them up. The Giants will probably have another lackluster season, especially after losing ace Jason Schmidt. Is Barry Zio the answer to the pitching woes? Will Bonds break Aaron's record? Most likely, but before he does let's all watch him whine and complain while denying steroid use.

3) Chicago Cubs: The amount of money spent in the off-season by the Cubs is so high that even George Steinbrenner wouldn't approve. The Cubs landed the best free agent in Alfonso "40-40" Soriano, pitcher Ted Lilly and new coach Lou Pinella. Their team is full of new players, and it will be interesting to see how quickly it takes them to get acclimated to the new system. Other players to watch are pitchers Kerry Wood and Mark Prior: whether or not they overcome injuries and become the great players they used to be is an unknown.

4) New York Mets: I couldn't forget the other NY team; the money spent last year was worth it as the Mets finally won the NL East. So can they keep it up? The Mets have a good balance of youth and experience which are fun to root for and watch. The rotation is lacking because of an injury to ace Pedro Martinez in addition to 41-year-olds Tom Glavine and Orlando Hernandez. The back end of the pitching rotation will attract fans, and could include pitching prospects Mike Pelfrey and Philip Humber.

Men's Basketball Falls in League Finals to SLU

Team Ends Season 19-7 Overall, 11-3 League; Ngobeni 10th in All-Time Scoring at 1,388 Points

by Lindsay Getman '10
Sports Editor

The Hamilton Men's Basketball Team watched an exhilarating season end with a single free throw. The number one seed was not enough to guarantee the Liberty League Championship for the Continentals, as they fell to St. Lawrence in their final game. Though disappointing, the loss does not detract from an otherwise monumental season. The Continentals finished 19-7 overall and 11-3 in the Liberty League, an astonishing feat for Head Coach Tobin Anderson in a mere three years of coaching at Hamilton.

Last weekend began with an exciting Friday night game against number four seed Union College in the first round of the tournament. The Dutchmen were 11-13 overall and only 8-6 in the League. The Continentals had already trounced the Dutchmen in two previous contests, winning by 15 or more points on both occasions. Yet, Union seemed to have put their past behind them, and as they came out strong in the first half. They led until the final six minutes of the first half. Hamilton kicked up their offensive rebounding and racked up a number of points with second chance baskets. The Continentals led by nine at the half and never trailed again.

Nick Jones '07 posted his second double-double of the season with 12 points and 10 rebounds. Kyle Dumas '09 was 4-6 from the three-point arc and contributed 13 total points. Jay Simpson '10 had five assists. Tsakani Ngobeni '07 captured the game-high with 26 points. A huge home crowd, including a rowdy student section complete with thunder-sticks, gave the team plenty of support. Hamilton won the semifinal game 74-62.

The win against Union sent Hamilton to their fifth straight Liberty League Championship game, and their sixth overall. Hamilton faced off against a young but talented St. Lawrence team. It was a very close game, and the Continentals were only down by one at the half. Dave Alston '10, Ngobeni and Simpson had three assists each. Five players, Zarrette Rogers '07, Ramunas Rozgys '09, Alston, Jones and Ngobeni hit double digits, but it was not enough to beat the Saints.

The game was tied with 1:07 left after St. Lawrence's stand-out sophomore Tom Wopperer knocked down two free-throws. After being fouled again a few seconds later, Wopperer hit only one from the charity stripe on a three-point play. It was enough to put St. Lawrence ahead, and they clung to the lead for the final moments of the game to come out on top. Hamilton suffered a heartbreaking and season-ending 64-65 loss. It was the first Liberty League title for St. Lawrence, and they secured an automatic bid to the NCAA Division III tournament.

The Continentals say goodbye to four seniors this year: Jeff Bernardi, Nick Jones, Tsakani Ngobeni and Zarrette Rogers. Ngobeni finished his Hamilton career with 1,388 points. He is tenth place for all-time scoring at Hamilton. Jones scored 1,308 points in his college career. Rogers scored 180 points, pulled down 72 rebounds and had 29 assists this season. In his career at Hamilton, Bernardi earned two varsity letters and played 49 games. The team will certainly miss these all-star seniors. If this year's underclassmen are any indication, the program can look forward to continuing success in seasons to come.

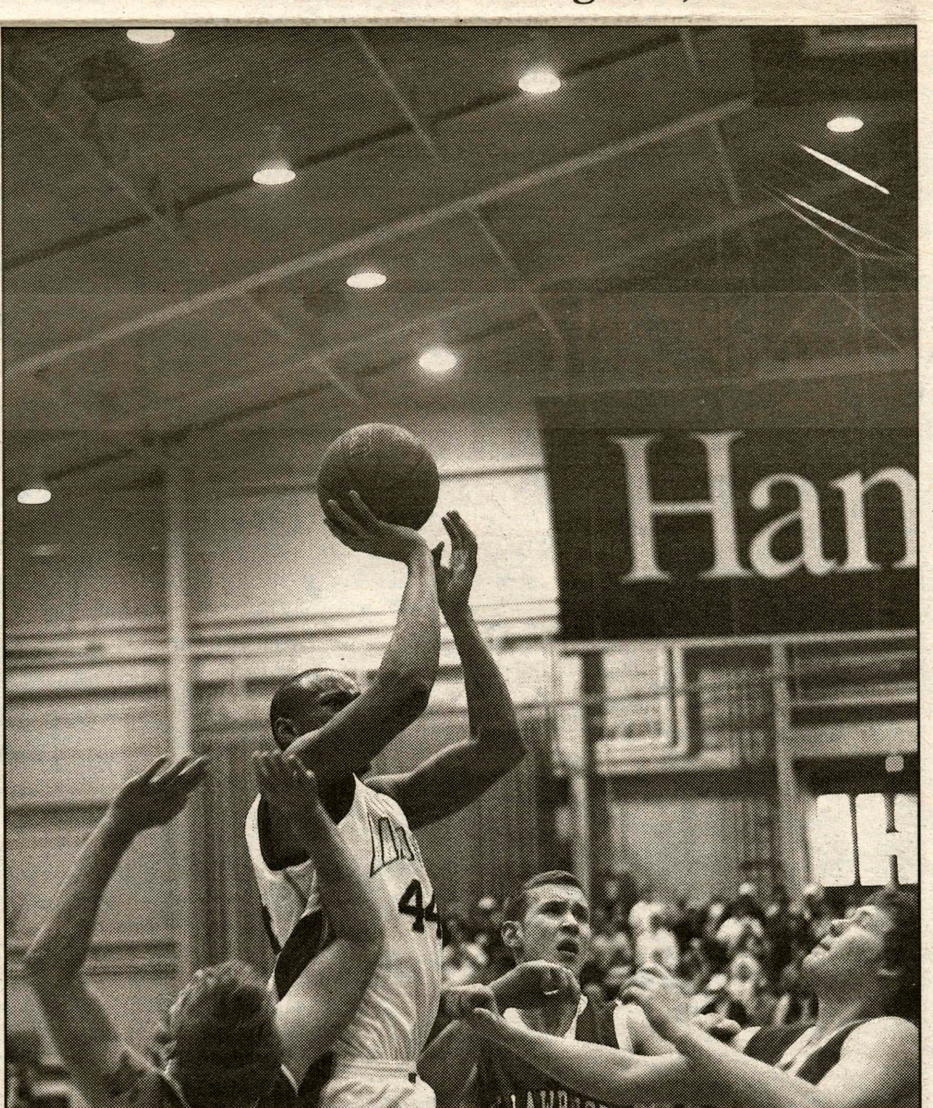

PHOTO BY JOHN HUBBARD

Ngobeni '07 scored a game-high 26 points vs. Union the night before.

Men's Swim Team Earns 9th Place at NESCACs

Todd Johnson '08 Qualifies for Nationals; Jared Mereness '10 and Christian Warner '07 Swim Well

by Ezra Rosenberg '10
Sports Writer

The Hamilton Men's Swimming Team was on a mission to do better than last year's seventh place finish. The NESCAC Championships, which took place on January 23-25, is a competitive environment in which each individual tries to make the best of his individual opportunities.

The team was excited to engage in the atmosphere, but due to some early jitters and a lack of a diving presence, the men slipped this year and finished in ninth place overall. This figure is slightly skewed, considering that Middlebury did not attend the meet last year, but finished fourth this year. Hamilton finished with 549 points overall, just seven points behind the host Bowdoin College who finished with 556. The meet was dominated by Williams College with 1981.5 points who won for the fifth consecutive year.

The Championships had highlights of individual performances for the Continentals, but started off with a stubbed toe. In the opening event of the preliminaries, the 200 Freestyle Relay, Hamilton's 'A' disqualified itself with a false start. The Hamilton 'A' was seeded ninth overall heading into the meet and if they had placed the same in the finals, they would have earned 42 points. This mistake cost the team a lot of points and was a huge disappointment.

Coach T.J. Davis tried to make the best out of the situation, "[The DQ] taught us a lesson in dealing with disappointment. I wanted the team to learn from it and get better. The 'B' Relay had to be conscious of the situation and be extra cautious in a smart way to get the points needed of them." In hindsight it looks like the Continentals would have finished well ahead of Bowdoin if not for that early mistake.

Overall, Coach Davis thought that the team did well. The attitude was up for all six sessions and the team hungrily chased Bowdoin until the end. The team consensus was that everyone did everything that they could have done.

Christian Warner '07 finished his college career in strong fashion. He contributed to five relays and placed in the top 10 in both of his individual events. Warner blew the field out of the water in the Consolation Final for the 200-Yard Freestyle finishing first in the event and ninth (1:43.86) overall. He finished tenth overall (47.70) in the 100-Yard Freestyle in which he was twenty-fourth seed in heading into the championship. Warner finished out his career with stellar performances.

The development of Jared Mereness '10 during his first year came to an outstanding head at the NESCAC Championships. Early on, Mereness had struggled to make the transition to college-level swimming, but he tapered well and harnessed his potential at the perfect time. The first-year contributed to both 'A' Medley Relays and placed in three breaststroke events. Mereness placed fourth (59.15) in the 100-Yard Breaststroke and was the only freshmen that made it to the Championship Final. His preliminary time was actually 0.06 faster, marking his lifetime best and placed him in second heading into the final. Mereness finished seventh in the 50-Yard Breaststroke on the first day of NESCACs in 27.37 and tenth in the 200-Yard Breaststroke in 2:13.33. Mereness improved 11 spots from his seedtime to finish fourth place in his 100-Yard Breaststroke.

One of Hamilton's top performers of the meet was Todd Johnson '08. Johnson entered the meet having already qualified for the NCAA Division III Championship with a provisional 'B' cut in the 100-Yard Backstroke but he improved his time at NESCACs. His improved time of 51.82 was also the winning time for the 100-Yard Backstroke, which earned the Continentals 32 points. Johnson showed his speed in the 50-Yard Backstroke as well, placing second in the event. The 50-Yard Backstroke is not an event at Nationals. Johnson came in fifth in the 200-Yard Backstroke and also participated in four team relays.

Johnson's performance earned him all-New England Small College Athletic Conference team honors. Johnson will now continue to prepare for the NCAA Division III Championship at University of Texas Natatorium in Houston, Texas. The meet will happen on March 15-17. Johnson is currently ranked thirteenth in the country in his qualifying event. He will also participate in the 50-Yard Freestyle and the 200-Yard Backstroke at nationals.

This season showed a lot of improvement in the first-year class, which looks to make increasing contributions down the road. Senior freestylers Nate Emmons, Mark Hodges and Warner, and senior backstroke and IM specialist Tim Kearney contributed to points this Championship and will be greatly missed by the team next season.

Next year, Coach Davis believes that Hamilton will have one of the fastest 200- and 400-Yard Medley Relay front halves in the country in Johnson and Mereness. This strong foundation should create resolve in the team's butterfliers and freestylers to be incorporated in that success. Look for Stephen Chaponis '10 who had a good first year to push the butterfliers. This year, the 200- and 400-Medley Relays were very close to making National cuts. The next step for the program is to make those cuts in 2008. The last time Hamilton sent a Medley Relay to nationals was the 2003 season.

The program hopes to bring in a strong recruiting class. Already, ten swimmers and divers have been accepted Early Decision. A bright point is that the class of 2011 will bring with it a diver, which the team lacked this season. The Continentals lost out on many points without a diver on their team for dual meets and the NESCAC Championship. At NESCACs, the top 24 divers score points for their team in both the 1m and 3m events. This year, only 17 and 16 divers participated in the events, respectively. This fact shows the opportunity for any diver on campus to help the team.

After a great season filled with fast swimming, Hamilton looks to improve upon their finish. Next year, Hamilton can expect great things from the Men's Swimming and Diving Team.

Women's Hockey Enters Semifinals at Middlebury

by Eileen Starrett '07
Senior Sports Editor

Women's Ice Hockey has enjoyed a great deal of success this season. Last weekend, playing in the first round of the NESCAC Championships, Hamilton beat Colby College in a thrilling overtime game 4-3. Freshman-phenom Lauren Tomford scored a power-play goal to best Colby in their first round match-up.

Kate Marek '09 got the team started by answering with a goal after Colby went up 1-0. Kerry Leonard '07 subsequently scored her thirteenth goal of the season to send Hamilton into the lead. Kathryn Kroleski '09 also put one in after Colby scored its second goal, to put Hamilton back in the lead at 3-2. With four seconds left in the third period, Colby scored its third goal to send the game into overtime, where Tomford worked her magic.

This win over Colby lifts the Continentals to 5-0-2 in overtime games this season and also sends the Conts to face defending National Champion Middlebury College this weekend. Middlebury will host the game, which will take place Saturday, March 3 at 1 p.m.

PHOTOS BY JOHN HUBBARD

Kroleski '09 is a force to be reckoned with: she has eight goals this season.

Marek '09 had the first goal against Colby in the first round of NESCACs.

Middlebury is ranked first in the NESCAC while Hamilton is ranked fourth. However, these rankings mean very little when the players are on the ice. Everyone wears skates, pads and helmets. They all wield sticks and the puck is the same size for all players on the ice. The difference, as you will see Saturday if you are lucky enough to watch the Continentals in action, is how much each team wants to win. If the women's season so far is any indication of the team's desire, Hamilton will do well. Even though the team suffered a stinging loss versus Middlebury just a week or so ago, it whetted their appetites, you can be sure.

Look for the Continentals to play hard. You can bet that they will not go down without a fight. Leadership from seniors Emma Dunn, Kristina Carroll, Ryan Lindsay Bartz, Julie Haney, Emma Griffith, Tierney Boisvert, Kerry Leonard and Caitlin Connelly will be counted on a great deal Saturday. Underclassmen like Tomford, Marek and Kroleski will also be counted on to play well and be big contributors as they have so far this season.

If you catch a Women's Ice Hockey player on campus today, be sure to wish them well before they head to Vermont. Good luck!

Do you watch Sportscenter four times a day?

Support the Continentals at every home game?

Write for Spec Sports!

Contact (lgetman) or (bleibsoh)

Club & Intramural Sports

by Leanne Pasquini '07 & Rob Dunn '07
Sports Contributors

Basketball Champions

A League: Mookie Blaylock — Captain: Jay Handerson '07

Hockey Champions

A League: Team Moose — Captain: Tim Nussbaum '07

B League: Team Hot Peads — Captain Matt Coppo '07

Information on spring intramural offerings will be coming soon. If you have any questions, comments or concerns please contact Dave Thompson (dthompso).

Hamilton's Men's and Women's Alpine Ski Teams participated in the USCSA Eastern Regional Championships at Waterville Valley, NH this past weekend. The race has an extremely strong field consisting of the Top-16 teams in the Eastern Region of the league. The women had a strong showing, as they finished in seventh place. Rebecca Yaguda '09 placed 29 in the GS and 16 in the slalom, and Jen Milne '09 placed 32 in the GS. The men had a tough weekend including an injury to number one skier Greg Fullman '09 in the first slalom run, leading to a disappointing 14 out of 16. With only one graduating senior, Meghan Hepp, on the women's varsity, and no graduating men, both teams will be ready to improve on their results next winter. For more information, contact Matt at mprescot.

The *Hamilton Equestrian Team* improved upon their previous performance with a ninth place finish and a strong showing at the Skidmore Invitational at the Van Lennep Riding Center in Saratoga Springs last Saturday. Highlights of the day included Co-Captain Emily Chamberlain '09 placing third in intermediate over fences and Grace Stadnyk '10 placing second in Novice flat. It was also a very successful day for Hathaway Burden '10, whose first place in open flat qualified her for the Regional finals on March 31. Rounding out the HamEq team was Cora Katz-Samuels '10 in the open division, Amanda Frew '09 in the Intermediate division, Kathryn Hansen '07 in the novice division, and Marisa Maglaty '09 and Marielle Matthews '09 in the walk-trot-canter flat divisions. The team competes next this coming Saturday, March 3, at the Morrisville Invitational in Morrisville. For more information, contact Emily at echamber@hamilton.

Beat the Experts

Beat the "Experts" is by no means associated with organized gambling on professional or college athletics. Each week, we will pick winners in several games, and we will have a special guest pick winners as well.

	Nick Rockwell & Eileen Starrett *Spectator* Senior Sports Editors **35-33**	Brandon Leibsohn & Lindsay Getman *Spectator* Sports Editors **31-37**	Marty Connor *Spectator* Editor-in-Chief **31-37**	Matt Crowson *Spectator* Sci & Tech Editor **30-38**	Nate Harris Men's Lacrosse Senior **Visitors: 16-17**
NBA					
Boston @ New Jersey, 3/3	Boston	Boston	New Jersey	Boston	New Jersey
New York @ Atlanta, 3/3	New York	Atlanta	New York	Atlanta	New York
Detroit @ Memphis, 3/3	Memphis	Detroit	Memphis	Memphis	Detroit
NCAA Basketball					
Texas @ Kansas, 3/3	Kansas	Kansas	Texas	Texas	Texas
Pittsburgh @ Marquette, 3/3	Marquette	Marquette	Pittsburgh	Marquette	Pittsburgh
Connecticut @ Georgetown, 3/3	Connecticut	Georgetown	Connecticut	Georgetown	Georgetown
NHL					
St. Louis @ NY Rangers, 3/3	St. Louis	NY Rangers	St. Louis	NY Rangers	NY Rangers
Montreal @ Boston, 3/3	Montreal	Boston	Boston	Boston	Boston
NY Islanders @ Washington, 3/3	Washington	NY Islanders	NY Islanders	Washington	Washington

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SPECTATOR SPORTS

March 2, 2007

Women's Basketball Heads to NCAA Tourney

Lady Continentals Upset St. Lawrence to Win Automatic Bid For First Time in Program History

by Julie DiRoma '10
Sports Writer

The Hamilton Women's Basketball Team earned a position in the NCAA Championship tournament for the first time in the 28-year history of the program. Last weekend, third seed Hamilton entered the Liberty League Championship tournament and won its first league tournament title. The wins against Union in the semifinals and number one seed St. Lawrence in the finals guaranteed the Continentals a spot in the tournament this weekend.

In their first game last weekend, the Continentals took on second seed Union and scored the first 13 points of the game. Union attempted to close the gap, but by halftime the Continentals still led by seven points. In the second half, it was apparent that Hamilton was determined to hold onto its lead and easily defeated Union, 70-52.

Pumla Sathula '08 attained her tenth double-double of the season, with 23 points and 10 rebounds. Sydney Fasulo '09 contributed 15 points and was 6-for-8 from the field. Molly Kane '09 was 3-for-5 from the three-point range and 2-for-2 at the free throw line. Jess Barrows '08 made two of three shots from the three-point range and dished out two assists. Sarah Schrader '09 had four steals and scored nine points for Hamilton.

On Saturday, Hamilton faced St. Lawrence for the third time this season. The Saints defeated the Continentals in their two previous games, but by only five points or fewer each time. These two losses did not shake Hamilton's confidence and the support of its coach. Barrows said, "Coach Gromacki has been saying all year that if we get in the Conference tournament, we're going to win it, so we had a lot of confidence to get it done." The lead bounced back and forth between Hamilton and St. Lawrence the whole game.

At halftime, Hamilton held the lead, but only by two points. Finally, in the last five minutes of play, a three-pointer by Kane and layups by Fasulo, Madelyn McGuinnis '09, Schrader and Sathula gave Hamilton control. Kane said, "We played solid defense down the stretch and came up with some big plays." The whole team contributed to the 61-55 win over St. Lawrence.

Fasulo scored a game-high 20 points, pulled down nine rebounds, and made 10 of 13 shots from the field. Fasulo and Schrader each blocked one shot. Sathula had another great game and posted another double-double, this time with 14 points and 10 rebounds. McGuinnis scored six points on two layups and two free throws. Kane handed out four assists and made two of three shots from the three-point range.

Fasulo said of their teammates, "We just keep improving. Everyone supports each other and brings excitement to the games." Even though the team started out the season with a strong record of 5-0, Kane said, "We've been playing our best basketball these past few weeks." Coach Gromacki agrees that the team has been strongest at the end of the season. The Continentals struggled with low shooting percentages at earlier times this season. But the team worked hard and improved, and this weekend's games were a sure sign of this progress. Throughout the entire weekend at St. Lawrence, Hamilton's shooting percentage from the field never dropped below 45 percent.

Senior Liz Longley said the team entered the "tournament games knowing we deserved to be there. If we wanted the win more than our opponents, things would fall into place." Fasulo reflected her teammate's thoughts, saying, "The St. Lawrence game really showed how much we wanted the championship." Even though the team is very young with only one senior this year, Longley said that the girls have "a lot of talent and heart."

This weekend, the Continentals will travel to Scranton, Pennsylvania, to represent Hamilton in its first-ever NCAA Championship tournament and will play Mount St. Mary. Coach Gromacki said that the team will go into this tournament as they have gone into any game, and that is "expecting to win." The girls all feel confident in how well they can play and are excited to take on Mount St. Mary. Longley also commented that Coach Gromacki's "genuine faith in our team" has greatly contributed to their success this season. Best of luck to the entire team as they make Hamilton history at the tournament this weekend!

PHOTO BY JOHN HUBBARD

Fasulo '09 powers through the SLU defense to the basket.

PHOTO BY JOHN HUBBARD

Sathula '08 led the Continentals with a double-double.

This Weekend in Hamilton Athletics:

Friday 3/3:
Squash (M) CSA Individual Championships @ University of Pennsylvania
Squash (W) CSA Individual Championships @ University of Pennsylvania
Indoor Track and Field (M) ECAC Championships @ Wesleyan College
Indoor Track and Field (W) ECAC Championships @ Wesleyan College
Basketball (W) v. Mount Saint Mary's @ University of Scranton

Saturday 3/4:
Indoor Track and Field (M) ECAC Championships @ Wesleyan College
Indoor Track and Field (W) ECAC Championships @ Wesleyan College
Hockey (W) @ Middlebury College

Go Blue!